



EASTER 2023



St Angela's Ursuline School Newsletter





Dear Parents and Carers,

We reach the end of another busy term. This one of course is very special to our life as Catholics and Christians as we move to the solemnity and celebration of the holy week and the Easter period. As it happens this Easter, our Muslim students and staff are also in a holy period of Ramadan and with Eid approaching it is, as always, a marvel to watch students of both faiths living a life of faith harmoniously with each other each day.

As we prepare for the Easter celebration we are called by our Lord to consider our lives and live as he has commanded us, to love one another as he loved us. Through our vocations as staff and students we strive to do that, no more so than in the charity fundraising we have undertaken this year. Whilst we have much more to come in the summer term it is heartening to know the school continues to place the welfare of the poor and needy before our own needs.

As ever this newsletter highlights the amazing work and extracurricular life of the students. It has been a busy term following the excitement of an Outstanding OfSTED and we have gone on to celebrate an excellent Ursuline Report on the school ethos and passed our finance audit with flying colours. Through all of this the important business of preparation for the summer exams has been with us and with just a short few school weeks to go, I send my thanks to the many staff coming in during the Easter holidays to put on extra sessions for the students as part of their preparation.

I want to finish by thanking you as parents for the work you do each day in supporting the school. During the year we have many visitors who always comment on the fabulous students we have and as much as that is about an excellent school it is equally a product of your parenting and the support you give to St Angela's. As parents we do not always get as much credit as we should so from us all here to each of you - thank you for what you do and we wish you a very happy and holy Eastertide.

M Johnson
Headteacher

Charity



This academic year so far, the students have worked as a collective to raise money for a variety of charities, which is Serviam in Action. Charities and events have included a Sponsored Silence, the collection of food hampers, warm clothing and baby clothing, as well as families making financial donations.

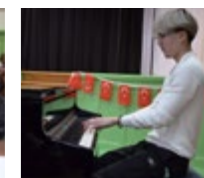


Charity donations have included Cafod, Christmas Charities and the Royal British Legion with £1040 donated last term. This term, students have collected £800 for Mental Health Support and the Sixth Form raised a staggering £1000 through the events outlined below.

Turkey Syria Earthquake Appeal



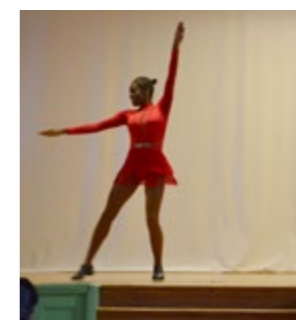
On Friday 24th March, the Sixth Form SSLT (Student Senior Leadership Team) organised a day of fundraising activities with help from volunteers in Years 12 and 13. All of the money raised was for the Turkey-Syria Earthquake Appeal. It was a non-uniform day for the Sixth Form and students wore either red, white and black - the colours of the flags of Turkey and Syria - or cultural dress to show their support as global citizens. At lunchtime, there was a talent show with Sixth Form students singing, rapping, playing the piano and even performing magic tricks. After school, there was a quiz in Desenzano with teams of both students and teachers. Whilst it was an enjoyable day and an opportunity for the students to take time out of their busy revision schedules, the reason behind the day was very important. In morning registration, the students learned about the tragic events and how their donations will help. As Faitmin in Year 13 explained: "Each life that's gone has affected many others and the tragedy in Turkey and Syria can be helped by our donations." We are really proud of the students for organising the day's events and everyone who participated.



St Angela's Day KS3 Talent Show

We were pleased this year to welcome back the St Angela's Day Talent show this year, both bigger and better than ever before, with all three KS3 year groups. Our talented students wowed the crowd with dancing, singing and musical instrument playing, while our fantastic hosts had the audience laughing and cheering for more! Even Ms Kerridge, Ms Peacock and Ms McKenzie-Gray got on stage for a dance challenge - they won't be giving up the day jobs just yet though. Our unanimous winner was Angel 8ROC a tap-dancing, top hat throwing, superstar!

We can't wait until next year's show - KS3 Heads of Year



HEAD OF YEARS

Year 7

The Year 7s continue to build on the strong start they have made to secondary life. They collaborate excellently with their staff and have an admirable sense of responsibility and care for others. This term we have thought about the power of positivity to create our 'You are Amazing' Legacy Board - a powerful daily reminder of our own self-worth. They have had excellent attendance at Academic Coaching, Drama Club and the Reading Programme. They continue to enthusiastically engage in the life of the school - their fantastic participation in the St Angela's Day KS3 Talent Show was simply mesmerising. Well done Year 7s, I am so very proud of you!

Ms Kerridge

HOY 7

Year 8

Year 8 have had another outstanding term and continue to go from strength to strength! I was so impressed by how many Year 8 students took part in the Dance Show; we have so many talented dancers, choreographers and musicians. This term we have also had fantastic attendance and dedication shown towards the Team Up Challenge, Brilliant Club, Peer Tutoring and Wednesday Reading Club. Our football and netball teams are non-stop winners and we have some fantastic individuals winning medals at athletics tournaments. I can't wait to see what brilliant achievements are ahead of us next term.

Ms K. Peacock

HOY 8



Year 9

Year 9 have been focusing this term on the next step in their educational journey, their GCSE Options. It was brilliant to see the students approaching this decision with maturity and dignity. Whilst in attendance at the GCSE Marketplace, students were very forthcoming in making me aware of not only their choices, but future aspirations. It is clear that students are forward thinking and I am pleased that students have been able to confidently make their GCSE choices.

It has also been excellent to see a number of students continuing their participation in extra-curricular activities. This term, twenty five Year 9 students took part in a Drama workshop provided by an external organisation. This workshop explored topics of self-

esteem, confidence, and knowledge and helped motivate young girls to prioritise their future goals. The girls who participated felt that this workshop provided them with the necessary skills to go into the wider society with confidence and determination to achieve their personal goals.

Alongside this, it was brilliant to see students taking part in the St. Angela's Day talent show, which was their first experience since starting St Angela's. Year 9 rose to the challenge of teaching the KS3 HoYs a TikTok dance which demonstrated their teamwork and creativity! Year 9, it has been both a busy and important term. I wish you all a restful Easter break and I look forward to seeing you all next term.

Ms McKenzie-Gray

HoY 9

Year 10

As I write this, our lovely Year 10 students are busy in the world of work. They have secured their work experience placements and now have the responsibility of ensuring they get to work on time and gain as much invaluable experience as they can. Placements range from early years school settings, primary schools, law firms and the houses of parliament. The girls have handled all aspects of the process with great maturity. The vast majority of girls took the added responsibility of finding their own places and have attended interviews in order to secure their positions.

While the girls have worked hard in all aspects of school this term, they did have the opportunity to venture out on trips around the capital for St Angela's day. Post COVID, this is the first time the girls got to experience St Angela's day in all its glory. We came together as a school community to celebrate mass with staff students and the Ursuline sisters and then the students were dismissed in their groups on their trips with Year 11. Ice-skating in Canary Wharf was a sight to behold as staff and students alike practised, triple toe loops and double axles. All made it off the ice injury free and got to spend time with each other making memories for life.

Mr Mason

HOY 10

Year 11

Year 11 has had a very busy term. Students are in the midst of preparing for their examinations. This includes their March assessments. Year 11 have been on a number of trips this term with students attending Six the musical, a trip to Oxford University and our St Angela's Day outings to bowling, Top Golf, Ice Skating and London Dungeons- it has been wonderful to see all the students enjoying these wide and varied opportunities.

The Year 11 students have been actively involved in Interform and it is wonderful to see them so joyfully supporting one another. They have a variety of Easter Holiday study sessions available which we know will support them moving into their exams. Early next term the student council will be announcing their Prom plans to the Year group and parents.

Ms Sheehan

HOY 11

6th Form

As always, it has been an exceptionally busy term for the Sixth Form, and we held in-person Parents' Evenings for the first time for a number of years. It was great to meet so many parents and carers, and not on screen! Students are on the countdown to their AS and A Level exams in the summer and have been taking every opportunity to study at school, whether coming in early in the morning from 8am or staying until 6pm in Desenzano.

Students in Years 12 and 13 have been staying after school to tutor younger students in English and Maths, as well as Year 13 students tutoring Year 12 students across a range of subjects. This is beneficial for everyone; it is an opportunity for Year 13 students to revise the AS content whilst at the same time helping Year 12s to make progress after the AS mock exams in January. Thank you to all of our fantastic tutors!

In addition to getting ready for the exams, Year 13 students have been attending university interviews and our students have received some fantastic offers, including from King's, Queen Mary, UCL, Warwick, Manchester, York, and many more prestigious universities. However, the most important decision for the students is making sure they go to a university that is a good fit for them, wherever that may be, and Ms. Kerr and Mr. Bellamy are meeting individually with Year 13 students to make sure they make the best choices.



The Sixth Form team has continued to support all students by identifying quality enrichment opportunities that will help them to develop as young people and to explore the areas which interest them the most. For example, in January, we welcomed the organisational coach, Clive Leach, to St Angela's who delivered inspiring workshops for sixth form students focused on mental toughness, self-efficacy, peer coaching, and student leadership. Students in Years 12 and 13 have also attended the Young Professional's Females of the Future and Black Leaders of the Future careers events, and fifty Year 12 students were invited to participate in an International Women's Day panel discussion, getting the opportunity to meet, amongst other luminary women, the Olympic gold medalist, Nicola Adams OBE.

To support their university ambitions, a number of Year 12 students have been successful in gaining places on the Realising Opportunities

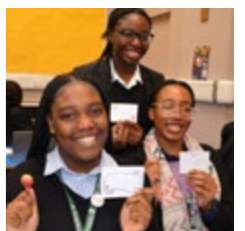


programme, Reading University Scholars, and Pathway to Bath. There have been many other similar opportunities and it would be impossible to list them all but we are especially proud of the Year 12 students who were successful in gaining places on the Future Leaders programme. As part of this, students have visited Lloyds Banking Group, The Houses of Parliament, HM Treasury, The Department of Health and Social Care, and attended the London Hope Hack at the London Stadium. The students meet fortnightly at Woodbridge High School and have been able to

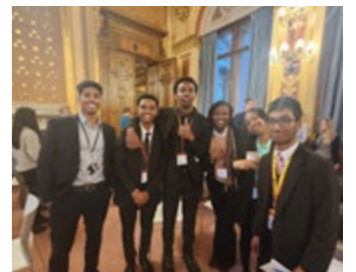
listen to a range of influential and inspiring speakers. Katie in Year 12 said: "My favourite speaker of the programme by far was Lord Simon Woolley, the founder of Operation Black Vote and the principal of Homerton College, Cambridge. His journey and shared wisdom was truly captivating, inspiring me as a young person to forge my own path in life."



As well as working hard for the exams, there has been time for some enjoyable trips for sixth form students to the theatre to see 'To Kill a Mockingbird' and 'Hamilton'. Thank you to Ms. O'Sullivan and Mr. Jones for organising! These trips have helped to strengthen friendship bonds within the sixth form and relieve some of the stress. Another great way to relieve stress has been the Debate Mate Plus programme on Fridays after school. The Year 12 students involved took part in their first ever competition on Monday 20th March at The Foreign, Commonwealth and Development Office. After touring the building and looking through the gate across to the door of 10 Downing Street, the serious business began. The students took part in two debates about the effectiveness of sanctions and whether or voting should be compulsory. They were supported by their Debate Mate Plus mentor, Sid, and former sixth form student Samad Chowdhury, who now works for the Foreign Office advising on Middle East policy. Samad gave them lots of tips and advice and the students were excited to learn that he is soon being posted to Saudi Arabia. Lastly, the Year 13 Senior Student Leadership Team (SSLT) has been developing its role in organising events such as an exchange of positive messages for Valentine's Day and fundraising events for earthquake victims in Turkey and Syria. In addition, plans are taking shape for a Year 13 Prom in the summer. The Prom Committee has already presented their ideas to Mr Johnson, although there is much to achieve before then!



We are looking forward to the challenges and celebrations to come! **Mr Bellamy, Head of Sixth Form and HOY 12, and Ms Kerr, HOY 13**



Year 12 Debate Squad with Samad Chowdhury, Foreign Office diplomat and former St Angela's Sixth Form student.



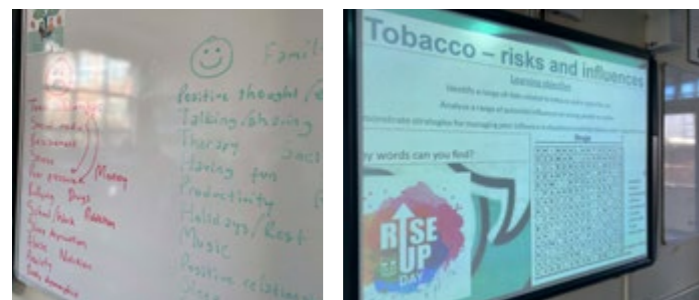
SPRING TERM

Rise Up Days



The students' Rise Up journey continued this term with Rise Up Day 3 in February and Rise Up Day 4 in March.

The first half of Rise Up Day 3 had a real focus on personal safety with Year 7 considering travelling safely and online safety, Year 8 learning about cyber-bullying, Year 9 considering grooming, Year 10 learning about county lines and Year 13 considering safety at university. Year 12 had a double session in Brescia hall with Mr Clive Leach, an organisational coach, who delivered a superb workshop on mental toughness, self-efficacy and peer coaching. The second half of Rise Up Day 4 focused on the dangers of smoking and illicit substances with Key Stage 3 students considering the dangers of smoking or vaping and Key Stage 4 and 5 learning about the dangers of illicit substances.



Period 5 was the Ursuline Student Profile (USP) lesson of 'Leading for Justice' which included students considering why they should lead for justice and what a fairer society looked at both in the UK and abroad. For Year 11, Rise Up Day 3 was their Retreat Day- a day of faith and reflection.

Rise Up Day 4 had its first half on Thursday 9th March and began with all year groups (apart from Year 9 who had their Retreat Day) being taught the 'Big Legal Lesson' which looked at law in this country and gave students the opportunity to consider which laws they would introduce if they were in government. Most year groups then spent Lesson 2 considering different aspects of relationships with Year 10 studying fertility and Year 12 looking at the importance of sleep. The second half of Rise Up Day 4 will continue on Thursday 30th March and will consider various topics at Key Stage 3 such as marriage and music supporting wellbeing whilst Key Stage 4 and 5 consider topics such as healthy relationships and consent. With public examinations looming, Year 11 and 13 will also be looking at revision skills. As always, all year groups will also consider the next USP of 'Acting with Truth and Integrity'.



From January, some of our Year 8 Students were given the opportunity to receive after school tuition every Wednesday by Team Up. Their attendance has been amazing and they all feel that they have benefited from some extra support in Maths or English. The tuition has boosted the students' confidence in both Maths and English, they have written some amazing stories and learnt new mathematical formulas. The students have been commended for the efforts they have made throughout the sessions.

Below is a quote from Mannat & Catalina's Maths tutor highlighting the outstanding commitment they have given to this programme;

"Mannat has consistently been outstanding in her work and has a positive attitude towards each session. She has demonstrated a deeper understanding of maths beyond what is expected. I am impressed with her engagement, productivity, and overall work ethic. Catalina has made significant progress over the past few sessions. Her engagement has improved, and she has shown a greater understanding of the topics we have covered. I am proud of the progress she has made and the hard work she has put in to get to this point."



All Year 8 students will graduate from this programme on Wednesday 29th March. We are incredibly proud of them all.

In April, this programme will be rolled out to year 7 students who will benefit from face-to-face tutoring in English or Maths once a week after school.



RE & Chaplaincy

This term KS3 classes in RE have been studying units Creation and Covenant and Prophecy and Promise. Both of these explore a wider understanding of Abrahamic religions and allow students to develop a deeper understanding of their faith journey. The students commented that they enjoyed the opportunity to develop a deeper understanding of Christian origins and the role of God in their lives.

Core RE: Sixth Form students this term have been discussing the need for faith in the modern world as well as exploring wider issues linked to racism, equality and charity. This subject is an excellent way for the Sixth Formers to develop their critical thinking skills and also gives an opportunity to hear opinions from a range of students of different faith backgrounds.

World Book Day

This year's World Book Day focused on the best selling book of all time; The Bible. The RE teachers put on an impressive display this year as the four gospel writers - Matthew, Mark, Luke and John.

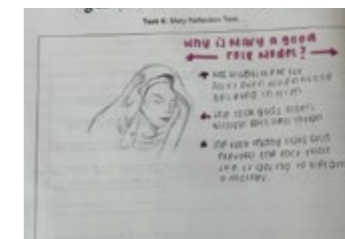


Ash Wednesday Services

The whole school participated in an Ash Wednesday Service led by Fr. John Jesus and the school liturgy team. As one of the most significant days in the church's year, it was an opportunity for staff and students alike to reflect and prepare for the way of the Lord and welcome the season of Lent into our hearts.



Year 9 Retreat: On Thursday 9th March year 9 completed a retreat on the theme 'Fan the flame of faith'. It was an opportunity for the students to discuss the importance of faith in their lives, with a focus on female role models. One activity focused on the impact of Mary and her faith as a disciple in the life and ministry of Jesus



Flame Congress 2023

On Saturday 4th March, students from Years 10 to 13 accompanied by staff from the RE Department attended the Flame Congress at the OVO Wembley Arena. The Flame Congress is the largest gathering of Catholic young people in England and Wales and it did not disappoint. Speakers included Cardinal Tagle from Rome and Archbishop Coakley from Melbourne as well as performances from MOBO award winning Guvna B and Faith Child. The day was an opportunity for young people to experience their faith in a unique way with thousands of other young people. Both students and staff had a memorable day of faith and fun. Videos from the event can be found on our Twitter @StAngelas_Sch. The international David Wells who worked with the drama students from the Sixth Form on the day sent his thanks; "The girls in every respect were a credit to yourselves. I felt like a dad with them, protective and nervous, but they walked on to that stage with absolute dignity. Sadly, you can't measure this stuff but if you could, it would have been "Outstanding". That happens when people like yourselves put years of encouragement into people. We show up and pick the fruit off the tree. They were just.... Marvellous.



Fr Dominic mentioned to the girls that Cardinal Vincent Nichols thanked me and said that "It was worth coming to Flame for that." What is equally lovely was Cardinal Tagle from the Philippines asking for the script so that he can preach upon it. What actually moved them both was the way in which the girls brought it to life. The humility of the girls was affecting the people of power - just as Mary did. They didn't just act it out, they became the woman they honoured."



English

WORLD BOOK DAY
3 MARCH 2023

World Book Day

Like most years, the English department took the lead on World Book Day. This year our characters were all from Gothic texts. Year 7 had recently studied a range of Gothic texts so they were probably most able to spot some of the more obscure props! Ms Bajade was followed around all day by Edgar Allen Poe's Raven and Mr Jenkins added some realism in his depiction of Robert Louis Stevenson's not very handsome Mr Hyde. We are unashamedly competitive and were therefore delighted to be double champions winning best department and best male teacher!



To Kill a Mockingbird at The Gielgud Theatre

An incredibly fortunate group of Year 12 and 13 students had the opportunity to see a literary classic brought to life on the West End stage, To Kill a Mockingbird. Despite the serious themes tackled within this play, the students had a riveting experience. They were mesmerised by the complex contraptions rising from the depths of the stage, the comical and endearing dialogue of Dill Harris, and the impressive lead performance of Matthew Modine - star of Full Metal Jacket and the hit Netflix series Stranger Things. Students who were familiar with the story, enjoyed drawing comparisons to the book and lending their critical commentary on the scenes. Our students who entered the doors of the Gielgud Theatre without any prior knowledge were enthralled by the shocking twists and turns of the narrative, even going so far as to chastise the less considerate attendees for their premature whooping and hollering during the solemn final moments. An enriching experience that has exposed students to the splendour of live theatre and we hope for many more to come in the summer term.

Phaedra at The National Theatre

Sixth Formers participating in the National Theatre New Views playwriting programme, travelled to the South Bank to see the National Theatre's radical new production of Phaedra. We had read that the play is based on French playwright Racine's 17th century work, as well as works of classical Greek drama by Seneca and Euripedes, and were surprised to discover that the staging was very 21st century. The scenery was extraordinarily realistic with sets representing apartments, a restaurant, a meadow and a snowy mountainside in Morocco all encapsulated in a transparent box on the stage - recreating each space in almost photographic detail. The plot follows the life of a contemporary British politician and her family as they deal with the reappearance of the son of her long dead lover. Moments of the play drew gasps of astonishment from the packed auditorium, with romantic intrigue, infidelity, betrayal and familial rivalry all explored in occasionally shockingly bold ways. A brilliant cast kept up the extraordinary tempo with high energy, high emotion performances until the tragic, bloody ending. And we had a great time... with everyone vowing to make theatregoing a regular habit.



Holocaust Memorial Workshop

As a commemoration to those who perished in the Holocaust, Redbridge Drama Centre hosted an exhibition and dramatic arts afternoon which 30 St Angela's students attended. The day was one of reflection - how could so many have suffered? How could others have allowed fellow men, women and children to be marginalised and killed? The day revolved around some hard hitting drama where students were confronted with the issues of secrecy, propaganda and intolerance and importantly, how to stand up and challenge a situation when silence and complicity seem the only option. The artwork was a chance to engage with traditional protest posters and to use this medium to share thoughts of opposition to oppressive forces and the poetry was a way of helping students to express both sorrow, respect but also hope, as from the saddest of times came stories of light, hope, bravery and courage. The students were impeccably behaved and the Redbridge Drama Centre were proud of the emotional, historical and artistic outcome of our visit.

MFL

Madrid

Year 12/13 Spanish trip with Mr Aldai
Trips abroad are back! Hurrah!!!
The 6th Form Spanish students went to Madrid for three full days. During this time, they enjoyed national delicacies at Mercado de San Miguel and visited the different sights that make this city an icon of the hispanic world. The royal palace and the Retiro park are just some of the examples of the majestic landmarks in the Spanish capital that students visited as part of a guided walking tour through the centre. However the most impressive thing was being able to witness Picasso's Guernica at the Reina Sofia Museum. As the symbol of transition from Dictatorship to democracy, this city hosts the most significant pictorial depictions of the horrors of the Civil War that led to the 40 year of the Franco regime, it serves as a very important reminder of the atrocities that took place, but as well, the innovative cubist style gives hope for the future which can be reflected in Madrid's inclusive and multicultural atmosphere. Students were able



to enjoy a concert of traditional Spanish folk music fused with African rhythms at the Café Berlin and bid farewell to the city with some

Year 11 German Culture Club

In the German department we have organised a four week lunch club for our Year 11 pupils, who are interested in finding out more about studying German for A level. Students have engaged with topics from the A Level course including German festivals such as Walpurgisnacht, Carnival and April Fool's Day. They have also had the opportunity to reflect upon some of the more serious aspects of the A Level course such as the Fall of the Berlin Wall and German reunification.



Taipei European School Collaboration with Year 8 French

Thanks to Mr Bellamy we have been able to develop a cultural link with his former school in Taipei. Whilst the Taipei students taught us about how they celebrate the Lantern Festival, our new friends were able to learn everything about our school from our exhaustive presentation created by 8D covering everything from our broad curriculum to our former school uniform which included hats and white gloves!



Culture Club

This year we continue to enjoy offering our Year 9 language enthusiasts a range of opportunities to delve into the cultural traditions of other places around the world. So far this year we have explored the influence of Maori tradition in New Zealand, the importance of dream catchers in Native American culture and how Carnival is celebrated in Germany.

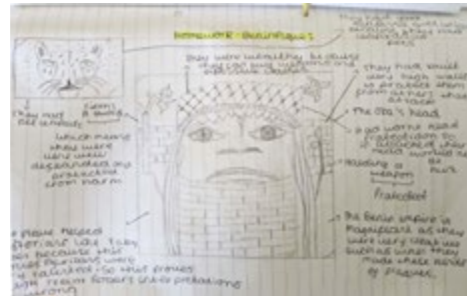


History

This term **Year 7** students moved away from focusing on European History by exploring significant societies in global history during the medieval period. In particular, students examined the significance of Medieval Baghdad and Japan. Students examined the way Baghdad looked, the range of products available in the markets and the extraordinary scientific developments. In addition, students examined the social structure of medieval Japan as well as exploring sources on the samurai. As you can see, students produced excellent fact files on modern day Japan as an introduction to the country.



Students in **Year 8** also expanded their understanding of global history by exploring the history of African Kingdoms. Students had the opportunity to examine societies in Mali, Astante, Benin and Dahomey and examine evidence used by historians to develop their understanding of pre-colonial societies. As you can see students had the opportunity to produce their own plaques to commemorate different African kingdoms.



Year 9 have moved on from exploring the British Empire and have explored the life of Walter Tull who was a local footballer. This unit of study examined the causes and consequences of the First World War One before moving on to investigate the road to World War II. The History Club for Year 9 students has been exploring protest songs and what they tell us about particular events in history.



Year 10 have started exploring the world of Victorian Whitechapel and the events surrounding the murders of Jack the Ripper. They have explored a range of sources on the horrific living conditions and the inadequacies of the police at the time. Year 11 have been exploring the life of Henry VIII and how he ruled England. In order to prepare for this unit of study students had the opportunity to watch a production of Six - which is a musical about the lives of Henry VIII and how we remember the women he was married to.



Year 12 students have been investigating the events surrounding the Great Depression in the USA. Students had to put together an essay on the Wall Street Crash using string which led to lots of excellent attempts to explain links between causes. Finally **Year 13**, have been busy completing their coursework on Martin Luther King and finishing off their studies on the British Empire by investigating changes to British economic policy - which was an excellent opportunity to consider economic history. In preparation for their summer exams, students went to watch a production of Bonnie and Clyde which focused on crime in the USA in the 1930s.

Sociology

This term **Year 10** students began the topic of the Family. As part of this topic, students have been learning about the functions of the nuclear family from different sociological perspectives. Students eagerly debated whether the nuclear family is important for the 'smooth running of society' or whether it 'benefits patriarchy'. While some students agreed with Functionalists Parsons and Murdoch, and said that the nuclear family socialises individuals into being civil members of a harmonious society, others agreed with the work of Feminist sociologist Benston stating that perhaps the nuclear family exploits the hard work of women, as work within the home often goes unnoticed and unpaid. Given that it was International Women's Day on 8th March, students took time to reflect and show their gratitude to all women who have fought for change in society.

Year 11 students have been studying their final GCSE topic, Stratification. This topic explores evidence of class, gender and ethnic inequality in British society and the reasons why inequalities persist today. Our Year 11 students have been working hard to perfect their exam technique, especially 12 mark essay writing. In lessons, students have spent time debating sociological perspectives on poverty to help them formulate their arguments in written form. Keep up the hard work Year 11!



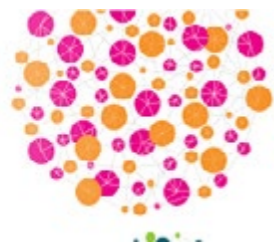
This term **Year 12**, began the topic of Youth Subcultures. This topic explores the emergence of youth subcultures from the 1960s onwards in Britain. These groups were highly visible due to their distinct styles of dress, norms and values. Year 12 students were given the opportunity to attend a workshop facilitated by the Museum of Youth Culture where they researched a range of youth subcultures such as Mods, Rockers and Punks which were prominent in the 1960s onwards. Students had the opportunity to look at a number of photography archives and make comparisons to their youth culture today. Students described the workshop as insightful, interactive and that it allowed them to reflect and compare to their own experience of youth in a digital age. Students were also given the opportunity to create a zine that reflected their youth culture. Many students left the workshop recognising that they were in fact part of a youth subculture!

Year 13 have now finished learning content for their summer examinations and have moved onto revision. They have been revising paper 1 and 2 topics with the class teachers and perfecting their exam technique. With their summer exams fast approaching, the cohort have been planning higher tariff essay questions and examining previous exam papers and markschemes. We are very proud of their commitment towards independent revision this term, keep up the hard work Year 13!



Science

10-19 March
British
Science
Week
2023



In celebration of British Science Week 2023, the Science Department at St Angela's marked the occasion with a number of fun and engaging activities during lunchtime.

On 13th March, students made batteries out of coins. You might think that batteries are a modern invention, but batteries were one of the first ways of generating electricity. Alessandro Volta discovered the first electric battery in 1800. He made a giant stack of alternating layers of zinc, blotting paper soaked in salt water, and silver. This early design for a battery became known as the voltaic pile - something that our students were able to recreate in the labs with surprising skill and precision.

The keen biologists applied their knowledge of anatomy by taking part in heart dissections. It was great to see how mature and engaged the students were as the anatomy of the heart was brought to life.

On 14th March students were given the opportunity to make their very own slime. We have never seen groups of students take so much care in taking such precise measurements!



Students were also encouraged to bring Science to life in their own homes. The links below include details of a huge number of Science experiments that can be completed at home using everyday household items. If you have not yet had a chance to look at the website we strongly recommend that you do - there are some fantastic ideas that can help you to bring Science to life in your own homes.

<https://www.britishtscienceweek.org/app/uploads/2023/01/Secondary-Activity-Pack-2023-British-Science-Week.pdf>

<https://www.britishtscienceweek.org/app/uploads/2023/01/Community-Activity-Pack-2023-British-Science-Week.pdf>



On 17th March, the Science department held two engineering challenges. Some students decided to take part in a bridge making challenge where they had to construct a bridge from limited resources to span

a 40cm gap. Some of the designs were truly incredible! Other students opted to complete an egg zipline challenge where they had to design and build a zipline to carry an egg across one of the Science labs, which led to some hilarious outcomes. It was great to see a mix of Key Stage 3 students compete with such enthusiasm and support for one another.

Further to this a poster competition was also launched, and the 5 best posters have been entered for a national poster competition. Following on from the 2023 Science week theme of 'connections' students were asked to complete a poster on the word 'connections' and its importance. We had some truly fantastic entries and are eagerly awaiting to hear the outcomes from the posters that have been submitted to the national competition. Some of the fantastic prizes up for grabs can be found here: <https://www.britishtscienceweek.org/plan-your-activities/poster-competition/>

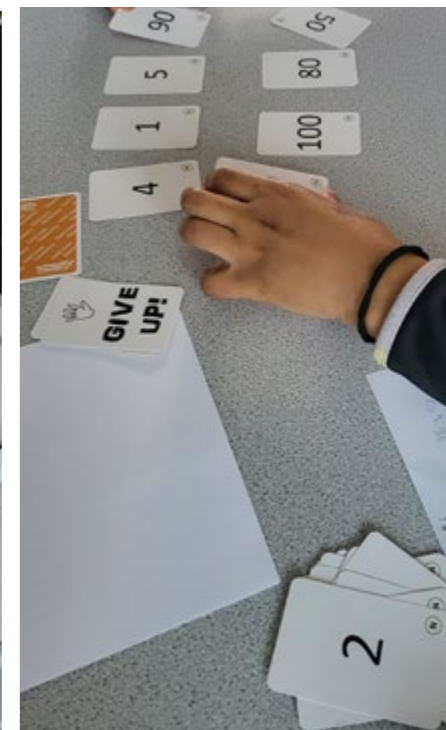
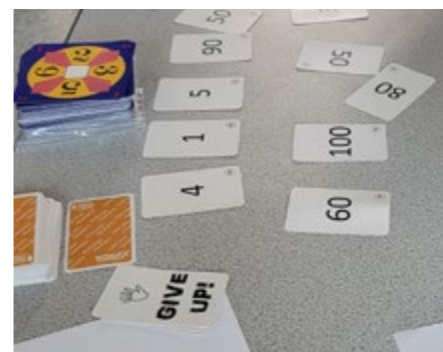
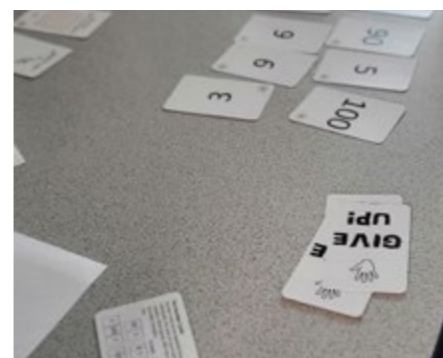


Maths

KS3

Our brilliant Year 9s are preparing to represent our school in the Jack Petchey Foundation, Count on Us Secondary Maths Challenge! This is an exciting pan-London programme for secondary schools which engages students in Years 7 to 9 with maths games designed to challenge and inspire. Count on Us focuses on collaboration and competition to motivate students. By combining a series of activities and problem-solving tasks linked to the maths curriculum, Count on Us makes maths fun and boosts students' confidence around learning.

Here are some of our students at a lunchtime preparation workshop where they get to hone their collaborative and problem solving skills before the first competition heats in May. We applaud their dedication and wish them luck!



KS4

The Mathematics Department would like to congratulate Year 11 on their achievements so far this year. They put in a tremendous amount of hard work and their efforts have paid off. They continue to demonstrate determination and an excellent work-ethic as they move into the final revision phase before the public exams in the summer. We are confident they will continue to shine bright!

Some of our Year 10 students are taking part in the UCL Horizons 2023 Project. UCL Horizons is an exciting online maths programme for Year 10 pupils run by the UCL Access and Widening Participation Office (AWPO) in partnership with Maths Education Innovation (MEI) and ImpactEd. The project is completely free and aims to support GCSE attainment through online interactive maths resources that address key aspects of the curriculum. Alongside this, participants will complete online study skills activities with a UCL mentor that will support their schoolwork, build confidence, and improve their progression to Further and Higher Education. We are delighted that our students get to access and work with academics from UCL which is one of

the world's top universities. The students involved have given up time on their weekends to engage in this programme which demonstrates excellent commitment - Well Done!

KS5

Some of our Year 12 students are engaged with the SUMS (Steps to University for Mathematical Students) enrichment day. The day has been designed to develop students' problem-solving and teamwork skills and to encourage more female students to study maths. Students will work on an extended problem in small groups, quiz current students about university life, and hear from young women who use maths in their jobs.

Our Year 12 and 13 students are all working hard as they finish their course content and move into full revision mode for their public exams. We wish them the best of luck as they enter this important part of the year.

Politics

Everyone's a critic these days...

The Politics (and other interested students) attended a performance of Hamilton this term. I will leave the reviews to our students. The review below was provided by Fatimin Mahamud and I will not attempt to improve upon its tone! 'On Thursday 2nd February, sixth form students took to the Victorian theatre to watch Hamilton. The musical was incredible and extremely surreal. The story of Alexander Hamilton tied in Politics students, English students as well as

History students and encapsulated the incredible story of the Founding Father himself.

The set, the production and the audience made the whole show worthwhile. It was a good time that enabled everyone to sit down for 2 hours and just immerse themselves in pure talent and entertainment. The actors/actresses exceeded expectations and it is trips like these that live on in our memories forever'.

Reviews

Keren- one word: 'phenomenal'

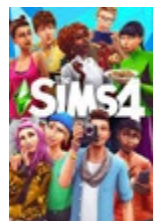
Omo- 'it was breathtaking and left us speechless, 10/10'

Re'ana- 'Extraordinary, breathtaking, a once in a lifetime experience I'll never forget'

Hayley- 'Watching Hamilton was an electrifying experience that captivated me and left me wanting more.'



Media



Year 10

Since Christmas the Media students in Year 10 have worked on writing their reports for Section A of the first unit of coursework. They are being asked to write 3 reports, across three different media sectors, including publishing, moving image and interactive. The reports have to be focussed on teenage representations in the media, with at least one having been released before the year 2000. The students, as expected, have chosen an interesting selection of magazines, advertising campaigns, films and video games to write their reports on.

Year 11

In Year 11 the students are in the midst of their controlled assessment, already having completed their ideas log and planning materials. The department is looking forward to the next few months as they embark on the filming and photography production stage. After the Easter break the students will begin their post-production; here they begin to edit together their photos, raw footage and scripts into a

variety of final products. Last year the department achieved amazing results in this externally assessed unit, so here's hoping for the same!

Year 12 and 13

In the Sixth Form, both sets of students are gearing up for the impending summer exams. Our Year 12s have worked on the topics of radio, video gaming and film marketing since Christmas and will begin the process of revision after Easter.

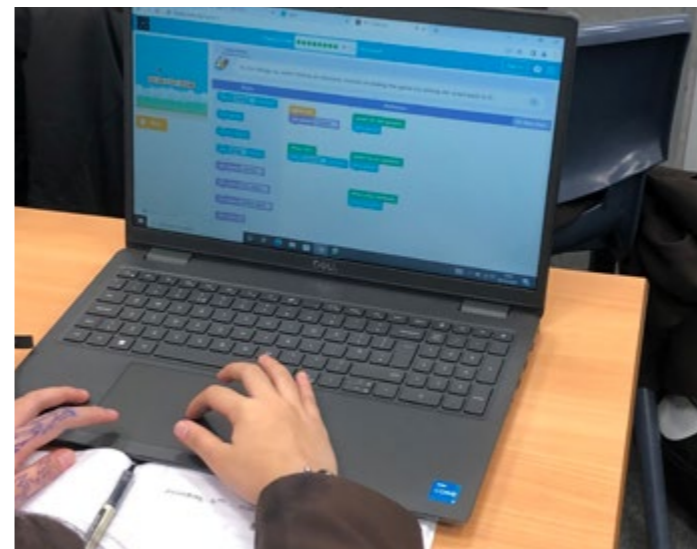
Our Year 13 cohort are just completing the final topic of the course, Long Form TV Drama, studying the OCR case studies Stranger Things and Deutschland 83. This has thrown up some interesting discussions on the representation of gender and historical contexts across US and German TV as well as discussions around the ever growing dominance of streaming services in a globalised TV age.



Computer Science

Year 7 have finished looking at what makes a computer systems and what could be done to improve the performance of a computer system. Year 7 are now looking at computational thinking methods and how these can not only be applied to computer systems and how to design computer games but also in everyday lives.

Year 8 looks at how computational methods can be used to solve simple problems, such as getting to school on time, to how to timetable staff at a supermarket, how to analyse and plan for an upcoming sporting event. Moving on they looked at algorithms more in-depth and how to design a program using an algorithm, which then they had to code the program using python.



Year 9 have finished looking at networks, what is needed to create a network and the impact that different networks have on everyday life. Year 9 are now moving onto cyber security and looking at how we can protect ourselves from cyber-attacks and what makes a cyber-attack. They have also been looking at the current cyber-attacks that have been happening in the world and how frequent these are. Coming up with ways that cyber-attacks could be prevented or if they have happened how the effects could be minimised.

Year 10 have completed looking at system software and the way software can be created, how fragmentation within a hard drive affects the performance of computer systems and how defragmentation is used to improve the performance. The

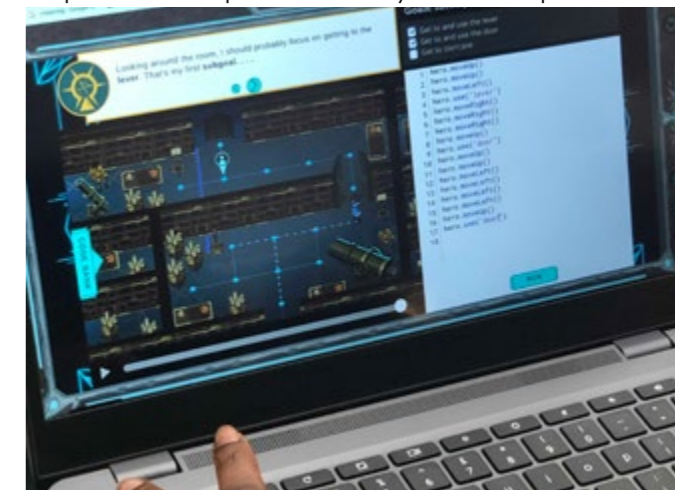
CyberFirst Girls Competition

This year we entered two teams into the CyberFirst Girls Competition. With all the students receiving their certificates. The competition is a team event, with each team made up of 4 students from Year 8. The competition is to give even more girls the opportunity to discover the exciting world of cyber security and the current teams are doing fantastically and taking on and completing a range of challenges that range in difficulty. Learning about cyber security and how using computational thinking methods can help prevent attacks on networks, future attacks and to solve problems. Computer Science Educational Week and hour of code It was 'International Computer Science Educational Week in December where students were able to take part in the hour of code which allowed them to use multiple programming languages to create software, games or programs that allowed the user to interact with them.

students have started to develop their understanding of networks and the different types of topologies that can be used within a network as well as the hardware and software needed to create a network.

Year 11 have been looking at how to produce robust programs, looking at how to use sequence, selection and iteration within the programs and how an integrated development environment can help in producing these programs. As well as looking at how these programs could be tested for functionality through the use of trace tables and by iterative and final testing.

Year 12 have been working incredibly hard covering the second component in the specification. They have developed their



understanding of computational thinking, problem solving and programming and have started their project.

Year 13 are coming to the end of their projects with some excellent projects and students showing their amazing programming skills and creativity. The projects range from educational quizzes for mathematics and computer science to platform games that allow the user to progress to each stage if they answer questions right on particular topics.



Food Technology

This term we have introduced **Year 7** to the food room. They have been developing their bridge and claw cutting skills by creating a range of recipes including: pasta salad, carrot cupcakes, jollof rice and chilli con carne. Through this they have been introduced to a range of equipment and scientific principles, including how products brown through dextrinization.

Year 8 have been learning about how proteins coagulate through the addition of heat, putting their knowledge into practice when creating their egg and cheese beef burgers. They have also made their own pastry using the rubbing in method, coated their own chicken nuggets and kneaded their own bread for their pizza base.

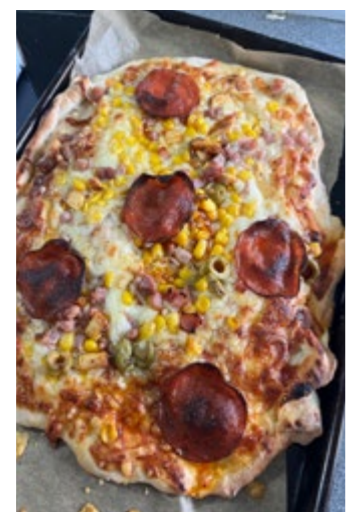
Continuing to develop their skills, **Year 9**, have been transported around the world, creating their own versions of carbonara, samosas and stir fry. Their final dish of their Key Stage 3 journey is a dish from a culture of their choice which showcases at least 3 skills.

Our **Year 11** class are about to finish their NEA 2. In this they have been researching North and South American cuisine to create a 3 course meal that showcases as many skills as possible. They have their final practical 3 hour exam just after Easter where we wish them the best of luck!



GARDEN CLUB

The cold weather has made it a little difficult, however as we approach spring we are starting to see a few of our bulbs pop up. The onions are going strong and we have replanted the broad beans after they were eaten! Currently in the greenhouse we have growing: carrots, rosemary, mint, peas, lettuce and tomatoes! Gardening Club takes place every Tuesday lunchtime 13:55-14:25pm and welcomes everyone.



THE URSULA SUITE



Year 10 Identity and Cultural Diversity

This term our fabulous Year 10 students have been looking at "Identity and Cultural Diversity". Students have learnt about the concept of cultural diversity in their local community and in a wider context. Students have looked at behaving in ways that show respect to different cultures and have produced some fantastic work, including an "All about Me" project to explain all the different communities they belong to.

Students have been taking part in group discussions and fed their curiosity by researching, asking questions and debating. Well done ladies!

Pamela's Pancakes

For Christians, Shrove Tuesday marks the last day before Lent, traditionally a period of abstinence, associated with clearing your cupboards of goods such as sugar, fats and eggs. Traditionally, pancakes were eaten on this day to use up these foods before the 40-day fasting season of Lent began



Method

- STEP 1**
Put 100g plain flour, 2 large eggs, 300ml milk, 1 tbsp sunflower or vegetable oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter.
- STEP 2**
Set aside for 30 mins to rest if you have time, or start cooking straight away.
- STEP 3**
Set a medium frying pan or crêpe pan over a medium heat and carefully wipe it with some oiled kitchen paper.
- STEP 4**
When hot, cook your pancakes for 1 min on each side until golden, keeping them warm in a low oven as you go.
- STEP 5**
Serve with lemon wedges and caster sugar, or your favourite filling. Once cold, you can layer the pancakes between baking parchment, then wrap in cling film and freeze for up to 2 months.

International Women's Day Peer Mentors

In celebration of International Women's Day, some of our inspiring Year 10 Peer Mentors had the fantastic opportunity to join the Natwest Group Racial Equality Task Force to celebrate 'SHE CAN' at Coutts Bank on the Strand, London.

There was a fantastic range of activities, workshops and career talks available to the students as well as a chance to participate in a Q&A with female employee guest speakers and a panel discussion.



- LEARNING SUPPORT UNIT
- CAREERS Senco
- CURRICULUM SUPPORT CENTRE MENTORS
- SAFEGUARDING SUPPORT
- STUDY ZONE
- INCLUSION MANAGER
- KEY WORKERS
- STUDENT SUPPORT
- CAREERS ADVISOR

Art

'AND WHAT IS THE USE OF A BOOK,' THOUGHT ALICE, 'WITHOUT PICTURES OR CONVERSATION?'

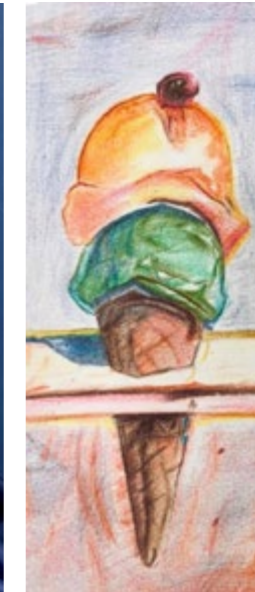


Alice's Adventures in Wonderland is a story about a young girl who falls down a rabbit hole and lands in a fantasy world full of weird and wonderful people and animals. This 1865 tale by Lewis Carroll remains a classic children's book that is also popular with adults.

The illustrations of Sir John Tenniel and David Hall have provided inspiration for St Angela's Year 9 art students as they develop 3D design ideas and explore techniques whilst working with recycled materials. Sculptures have been refined through the process of modelling and reference has been made to the paintings of Wayne Thiebaud for colour inspiration.

John Tenniel is best known for his pen and ink illustrations that accompanied the first published version of Carroll's book, while in 1939 the artist David Hall was commissioned to create concept artwork for Disney's 'Alice in Wonderland'. Inspired by the writing of Lewis Carroll, Hall produced hundreds of detailed story sketches and paintings. However, the original Disney 'Alice' project was shelved at that time as a result of WWII. A decision was made not to use Hall's illustrations when the film finally went into production in 1948 and his work lay in the Disney Archives until the mid 1970's when more than 400 brilliantly coloured inspirational sketches were rediscovered.

Finished 3D work, fully developed in colour, will be displayed as part of the St Angela's Summer Exhibition in July. The Art Department looks forward to welcoming you to this annual event when the work of pupils is celebrated in the company of students, parents and staff.



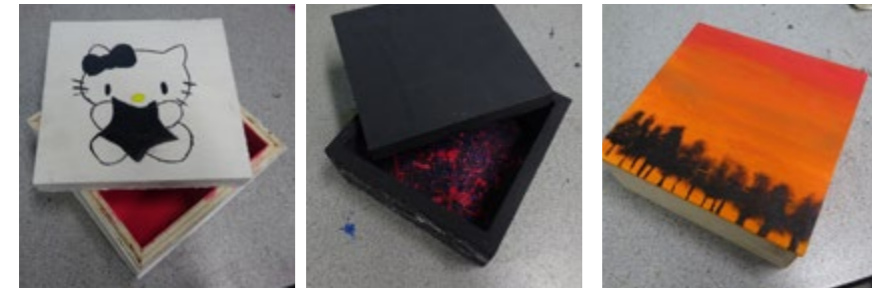
Design and Technology and Product Design

This term students have been extremely busy with various extra curricular challenges.

Year 8 students have been creating a 3D school shield, which is made up of various pieces from the actual building and gardens. This has then been cast in resin and will go on display in the school. Look for the next update in the Summer Newsletter.



In the **Year 9** STEM club, students have been working on constructing and decorating their own mini storage boxes.

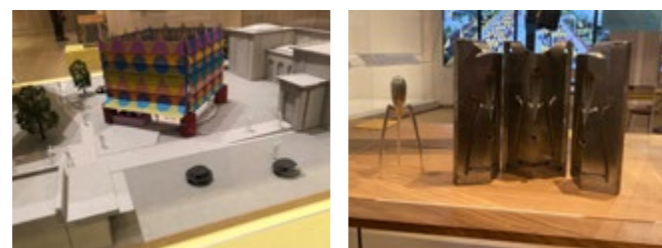


What we found difficult during the box making?
 We found getting the correct shades on our box difficult and glueing the box as a whole. What we would change looking back? I would perfect the curves and maybe use a fineliner.
 The type of paint i used made cracks inside the box

Year 10 students have completed their first practice project and are developing lots of brilliant ideas in all sorts of materials to test their theories for their technology / gadget stand.



After completing 2 skills prototypes the **Year 12** students are now on the final stretch of 3D printing their speaker casings for their bluetooth speakers.



We also visited the Design Museum in Kensington with the **Year 9 and 10** students.

The experience within the museum was a real eye opener, as we witnessed the evolution of architecture within our society globally. It expanded my knowledge of how simple changes can impact us in our daily lives. We were able to visualise the simple items of the past that have altered in which are present now, such as the modern phone. This experience has opened my visual mind into how the future may look for the generations to come. Aniela, Year 9.



Geography



As we say in Geography the world is your oyster, and this term we got the wonderful opportunity to be Geographers out exploring on field trips. Both Year 11 and Year 12 students participated in two field trips. The first was to Walton-on-the-Naze where they looked at the effects of coastal erosion and the management strategies that have been put in place. It was a very cold day by the sea but the students braved the weather and were able to collect the data required to ensure they are ready for their summer examination.

We also took a trip to Stratford where we explored the Olympic Park and surrounding area. We had great conversations about the legacy of the 2012 Olympics and we even paid a visit to the Velodrome to watch some cyclists. 14000 steps later and we concluded our day by evaluating how Stratford is an ongoing exciting project with new developments popping up as more people continue to live work and play in our local neighbourhood. The Year 13 students took a trick to Brick Lane and were able to relate this to their topic Changing Places. Year 10 have made an excellent start to their GCSEs and have

now finished their unit on the topic Bristol. It has been a very exciting term looking at two contrasting cities in detail, Rio and Bristol, both of which have international importance.

Key Stage 3 students have been busy working through our exciting curriculum which combines a range of both physical and human topics. Year 7 started the term learning about coast and are now focusing on how urban environments change over time. Living in London the students

are well placed to witness this change. Year 8 students have been studying rivers and how the river changes as it makes its journey to the sea. Year 9 students are coming to the end of their Key Stage 3 adventure and this term they looked at the important topic of Development. This raises important questions about global development and how interconnected different countries are.



Business Studies

The Business Studies department is very impressed with the hard work and progress of our students this term. Both KS5 and KS4 students have been focusing on covering the remaining content of their respective courses and preparing for their final exams.

KS4

Year 10 have been enjoying their lessons discovering new knowledge about the business world focusing on small businesses. This is the stage of the course where students get the opportunity to be creative and innovative by coming up with their own business ideas and exploring the risks and rewards of business. The students have also researched various entrepreneurs and their journeys from being individuals with an idea to becoming successful entrepreneurs.

Year 11 have been fine tuning their exam skills and applying their knowledge to an exam context. We are very impressed with what the students have achieved and how much they have developed in this field. With such a short time left until final exams there are some students in particular that have received a second wave and are really pushing themselves towards success.

KS5

Both **Year 12** and **Year 13** are in turn working hard to prepare themselves for exams. The main focus for both year groups is on exam technique. The knowledge and understanding of the structures of exam questions and the techniques required for exam mastery are coming to fruition. Year 13 have access to study support sessions which offer them the opportunity to recap previous covered content from AS.

We are pleased to announce that we also have a supervised study session available for Year 12 to benefit from and help them to be fully prepared when studying and revising with the benefit of expert supervision.

We wish all of our students a restful break and know they will continue with this outstanding preparation.



Textiles



Since Christmas we have introduced the next cohort of Key Stage 3 students into Textiles. **Year 7** have been learning how to use the sewing machine to create a cushion using the techniques of applique and tie dye, while **Year 8** have been designing bags based on a country of their choice. They have continued to develop their design skills and have been introduced to computerised embroidery. **Year 9** have been using the computers to design a pattern based on the theme 'nature'. This has then been printed onto fabric using the heat press where they have sewn it into a pencil case.



On Tuesday 28th February, twenty-five **Year 10** Textile students went to the London Aquarium to gather essential research for their project 'Under the Sea'. During the visit they were able to see a variety of flora and fauna that will become inspiration for the garments they create this term.

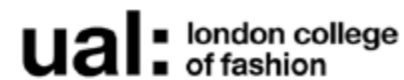
"The jellyfish and the coral particularly interested me because of its uniqueness and the vibrant colours. I am considering recreating the coral I saw by using the Suffolk puff, fringing, gathering and shibori techniques. Another idea I have is using multiple layers of blue fabric with the flouncing technique to recreate the waves/water." - Mara Polintan



"Whilst visiting the London Aquarium I saw urchins, squids, starfishes, octopus, jellyfishes, turtles, sharks, seaweed, seahorses, rocks, sea urchins, penguins and clownfishes. The thing that stood out for me was the starfishes because we were able to touch it and see how it felt." - Ines Mendy

Year 11 students are currently completing their final practical pieces based on one of the following themes: caring for animals; a souvenir from a place of interest; or working/studying at home. The outcomes are particularly impressive this year and include several wall hangings, a children's book, bags, dresses, dog beds, even a cat tower!

London College of Fashion Workshop

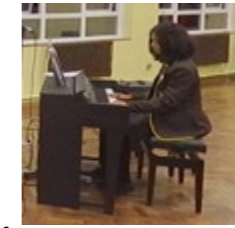


Monday 13th March saw Nada and Mary from the prestigious London College of Fashion University come into St Angela's and work with 50 of our **Year 8** students. During the session students had to style a hat for the front cover of a magazine. They learnt about a range of careers within the Textile industry including: designer; stylist; photographer; model; and editor. "I think this session really helped me get my ideas into reality and really think outside of the box to create a very creative design and hat" - Zosia



Music

Spring Chamber Concert



On 22nd March 2023, the Music Department hosted the Spring Chamber Concert in the newly renovated Merici Hall. The purpose of the event was to give our students vital performing experience in front of an attentive audience of family, friends and fellow students. Performers on the night were GCSE Music students, bands, individual instrumentalists across the year groups including pianists, drummers and singers, some of whom were preparing for upcoming instrumental/vocal examinations this term, and our wonderful and dedicated school orchestra.



Newham Senior Voices Day 2023 with The BBC Singers

On 20th March 2023, 30 members of our choir represented St Angela's at the Newham Senior Voices Day 2023. The BBC Singers alongside staff from Newham Music ran a choir workshop for schools across Newham. Our students were part of a large-scale performance of Earth by Hans Zimmer, a specially commissioned piece for BBC's Ten Pieces for schools, as well as Stefania by Kalush Orchestra, Winners of Eurovision 2022 representing Ukraine. They also sang to the other choirs, with a powerful performance of 'Defying Gravity' from the West End musical Wicked.



Inspiring the next generation!



The Brilliant Club's Scholars Programme gives students from non-selective state schools the opportunity to work with a PhD researcher to experience university style learning. Students on the programme will develop the skills, knowledge and confidence to secure a place at a highly selective university when the time comes.

Selected students work on the development of extended essays, supported by current PhD students, and expanding their research and essay writing skills in the process. This is an incredible opportunity to expand the horizons of our students and give them a glimpse into the possibilities that are open to them.

Our Year 10s who recently completed their essays on Gothic literature: An introduction, celebrated their achievements on the programme with a graduation ceremony at King's College and learned more about university life, and their widening participation programme designed to help and support students from non-selective schools such as St Angela's.

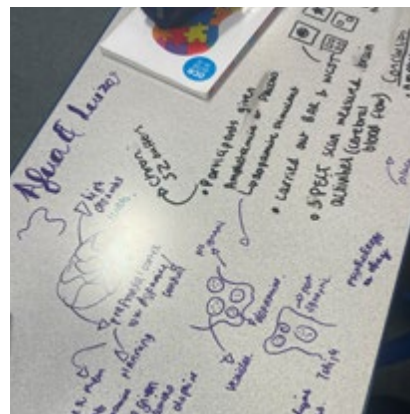
Fourteen Year 8s attended their launch at City University before embarking on their research project, through the looking glass: An introduction to Literary Theory. They are working with Tamara Kaminsky who is currently working on her PhD at the University of Exeter and she has been visiting the school to hold weekly tutorials to prepare them for writing their final 1500 word essay, in which they will analyse a piece of literature, taking into consideration the literary theories they have studied. It sounds like hard work but they are relishing the challenge!



Psychology

This term Year 10 has been studying two different areas of the curriculum; human memory and social influence. They have learnt all about how we reconstruct memories of past events and even how false memories can be implanted into our minds! Social influence sees them exploring the reasons behind their own conformity and obedience behaviours; for example, why it is that some authority figures are seen as legitimate and others are simply ignored.

Year 11 has been gearing up towards the summer examinations and are finishing their GCSE learning with a focus on psychological problems. This topic delves into how we experience mental health, specifically how we diagnose and treat those with depression and schizophrenia. The process of synaptic transmission features heavily in this topic and our students aced their revision in this area (as you can see below!)



As in Year 10, Year 12s have also been learning about social influence and we have been so impressed by their ability to take what they had learnt about the processes of conformity, minority influence and obedience and apply this to explain real-world examples of social change, like the suffrage and civil rights movements. Next, Year 12 will be moving on to study the origins of psychology and our

key approaches; investigating where the discipline came from historically and the perspectives of the world's most famous psychologists.

Our Year 12 SCAMP research team also attended their graduation ceremony at Imperial College London this term and we celebrated in style. Congratulations on representing our school so well!



Year 13 students have been working incredibly hard with their independent revision in preparation for their summer examinations. We are extremely proud of the determination that they have all been showing. In lessons, we have been focusing on the study of biopsychology; how the brain controls all of our actions from a neuroscience perspective.



We would like to take this opportunity to wish all of our students a restful Easter break and we look forward to seeing those of you in Years 11 and 13 who will be in school for revision sessions during this time.



Drama

GCSE & A LEVEL

It has been a busy term for the Drama department! The GCSE and A Level students have been working to ensure their final practical exams will be refined and delivered to an outstanding level! The performances this year are disciplined and cover a wide range of topics which will both challenge and entertain the audience. We have been privileged enough to create and rehearse a wonderful monologue with Kateryna Boichuck in Year 11 where she outlines the beauty of her home country Ukraine. Well done Kateryna, the performance brought tears to the eyes of the audience!

Students have also taken part in a fantastic workshop with Stratford Theatre Royal where they were able to meet with some industry professionals who shone a light on the importance of digital technology in Theatre. The students had a chance to engage in an interesting Q&A where lighting and sound technicians explained some behind the scenes theatre magic!

This term, students in Year 10 have been working towards their first practical exam. The topics being explored include beauty standards, Mental Health and challenging cultural issues such as FGM. The students have navigated the genre of Physical Theatre expertly to create highly engaging pieces. The students have worked incredibly hard on these well thought out performances and we know they will be fantastic.

Drama Club

StARS Theatre Company and Year 7 Drama club have started this term and students are highly engaged and love working in this collaborative way. Students are keen to expand on their knowledge of Drama and Theatre and will be able to take part in external workshops as well as attending Theatre trips! StARS are exploring a challenging piece about the Holocaust and have been exploring Verbatim Theatre & Forum Theatre. Year 7 Drama club have been working on devised style workshops and are very excited to be able to showcase their work at the end of every session. We look forward to seeing them on stage in the Summer Term.

PE

U15 and U13 Essex Cricket Tournaments



The Essex Indoor Cricket competitions were held at the Essex County Ground in Chelmsford.

It was the first time that the U13 team had taken part in this tournament. Although they lost their two games they became more competitive and gained confidence throughout the day.

The U15 team played well during their three game rubber - losing 2-1. There was some fantastic bowling by Theresa taking two

wickets on her two first balls in the second game, along with two spectacular catches by Divine.

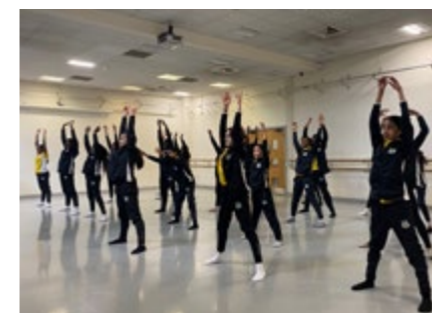
Well done to both teams on their commitment and effort: **U15 Team:** Angela, Divinie, Thakshika, Philemora, Christina, Sarah, Theresa. **U13 Team:** Olivia, Salina, Daniella, Meghan, Breanna, Victoria, Chi Chi, Mia, Aderayo.



Raising Dance Aspirations at Middlesex University

St. Angela's Year 7 and 8 students were invited to Middlesex University's Dance Department to participate in a series of workshops. On arrival they were met by April, a dance lecturer who ran a careers workshop for the students. In the workshop the students explored the range of careers in the creative industries and they considered how studying the arts could make them more employable. In the UK, 11 million people have jobs in the Creative Arts.

The students were then taken on a tour of the dance department by Bryony Cooper (co-module leader) where they were able to watch 2nd and 3rd Year degree students in practical dance lectures. They saw the students in a Graham, Cunningham and Hip Hop class, exploring these



different techniques by using floor work and centre based exercise as well as performing a short dance. After lunch the St. Angela's students took part in a Graham/Cohen based contemporary dance workshop. This included technique, learning an extended phrase and a creative task to 'Let It Be' by The Beatles.

Here are some of the students comments:

"I liked watching the different styles of dance and how the teachers felt really passionate about their job - expressing their emotions through dance" - Lena.

"We enjoyed the Hip Hop and creative contemporary class. We also liked the tour, the University was big and the dance facilities were excellent and the surrounding areas were green". Anora, Georgia and Michaela.

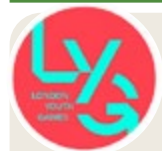
Naomi said, "I had a lot of fun at Middlesex University. I loved how big the campus was and that in the dance classes they had live musicians playing for the contemporary classes".



"I enjoyed the creative workshop because it allowed me to show what I can do", said Jessica.

"The experience at Middlesex University was amazing. We loved the tour and seeing the degree students enjoying their classes. This was very inspiring to us and will help encourage us to continue our journey in dance. Thank you for this amazing opportunity", said Monae and Myah.





London Youth Games Boccia

The London Youth Games Boccia Quarter Final gave twelve year 9 students the opportunity to become Young Leaders and support this School Games event. The students were able to learn how to play the sport, as well as referee the game.

All of the students demonstrated Serviam and great leadership skills throughout the day. They were extremely grateful for the opportunity to be Young Leaders and displayed great sportsmanship.

"I appreciate having been given the opportunity to work with individuals and my peers," said Sarah.

Fatima commented "the



experience was one that varied significantly from other trips. Having some form of leadership ability and practice will be a skill we will need in the future. Introducing the game to a younger age group really shows how St. Angela's School persists in giving students the resources to become influential and confident young women of the future".

"I enjoyed helping others who may not be able to access sporting opportunities as easily as I can. Being able to understand and communicate with others through a sport I had never played before was really fun. I feel that Boccia deserves more recognition and the players do too" said Keren.



London Youth Games - Basketball Round 3

After winning the Newham U16 Basketball Championships in December, the team were selected to represent Newham at the London Youth Games. Basketballers played well in a competitive game against Lammas School. In the first quarter Lammas opened up a lead which St. Angela's worked very hard in subsequent quarters to pull back but they could not quite achieve it.

Well done to: Esther B, Tyra, Thea, Angel, Divine C, Ana,



London Youth Games Sportshall Athletics

Congratulations to the Year 7 students who were selected to represent Newham at the London Youth Games. The students participated in multiple activities and even took part in a relay assault course. They were competing against schools from all over London who were selected to represent their borough. The St. Angela's athletes did a fantastic job representing Newham and finished third overall. It was fantastic to see that many of the students improved their personal bests. The students have continued to attend training on Tuesday after school and are looking forward to competing in the summer athletics programme.

Congratulations to: Skye, Tiana, Valentina, Thalia, Mesha, Anne, Jessica and Richess for their continued commitment and effort at athletics.



Lycamobile Cup Football Tournament

A special well done to the whole team consisting of Michaela, Tapiwa, Honey, Angeline, Janet, Nicole, Martina and Ebony. All of the students played excellently and gave their best efforts throughout the evening.

Despite the cold, dark and gloomy weather, the students were able to persevere and remain undefeated against every team they played.

St. Angela's only conceded one goal during the whole tournament and were rewarded with Gold Medals and a Trophy after winning every match played.

2-0	Lister	(2 - Michaela)
3-1	George Green's	(1 - Tapiwa, 2 - Michaela)
4-0	Langdon	(2 - Tapiwa, 1 - Ebony, 1 - Michaela)
3-0	London D & E	(2 - Michaela, 1 - Honey)
2-0	Little Ilford	(2 - Michaela)
1-0	Kingsford	(1 - Tapiwa)



U14 and U16 Football

Well done to the U14 Football team made up of Alexia, Vanessa, Ebony, Michaela, Olivia, Nicole, Keren, Honey, Janet, Angeline, Suriyah, Cindy, Martina, Julia and Esther. They won convincingly against Little Ilford 7-0 (1 - Michaela, 1 Martina, 2 - Keren, 2 - Ebony, 1 - Angeline)

Well done to the U16s team made up of Year 11 and 10 students. The team remains unbeaten in the Newham League, and it is well deserved after all of the hard work they have put into training, inside and outside of school.

U16s Vs Langdon	10 - 0	(4 - Elizabeth, 4 - Alisha, 2 - Carla)
U16s Vs Forest Gate	3 - 2	(1 - Alisha, 1 - Carla, 1 - Elizabeth)
U16s Vs Lister	6 - 0	(2 - Elizabeth, 2 - Tyra, 1 - Feykemi, 1 - Alisha)



U13 Football

Year 7 and 8 students have been immense this term with not only their commitment to Friday's football training but also the effort and skill they put into each match. The students have continued to participate in the Newham league where they have secured three victories from three games and are looking more impressive with each game. The students have more fixtures to play for the Newham league and are looking forward to training as a team to prepare for upcoming tournaments.

Well done to: Ebony, Nicole, Michaela, Tanisha, Vanessa, Alexia, Tapiwa, Tiana, Skye and Loretta for their hard work and effort to the football team.

London Youth Games Rowing Finals

The following St. Angela's rowers were selected to represent Newham at the London Youth Games Rowing Finals which were held at The Copper Box in March. Congratulations to all the rowers who participated and it was fantastic to see some achieving personal bests.

Naomi	(Year 7)	placed 14th rowed 453m
Emmanuella	(Year 7)	placed 16th rowed 434m
Katerina	(Year 8)	placed 10th rowed 697m
Temi	(Year 8)	placed 20th rowed 624m
Daniela	(Year 10)	placed 2nd rowed 1318m
Theresa	(Year 10)	placed 20th rowed 1170m
Afua	(Year 11)	placed 11th rowed 1363m
Ekene	(Year 10)	placed 2nd rowed 702m



St. Angela's students competed in the Newham relay team and placed a credible 5th - well done to all!

Newham Dance Competition

St. Angela's entered Key Stage 3 and 4 teams into this competition which was held at NewVic College. Each dance entered was marked by three judges, with the overall highest scoring team being crowned Borough champions.

The dancers were excited to participate in this live competition and for some of the KS3 team it was their first time competing in a London Youth Games qualifier. Both teams had good technical rehearsals and were supportive of each other. Taking to the stage they performed strongly in front of an appreciative audience.

Both teams came in the top two, so they now go through to the LYG Dance Finals.

Congratulations to:

KS3 team were crowned Newham winners - Monae, Myah, Milana, Lena, Kenechi, Zosia.

KS4 team placed 2nd - Janelle, Jessica, Micaela, Kaye, Luiza.



International Women's Day

Sadler's Wells Associate School - International Women's Day

St. Angela's is part of the Sadler's Wells Associate School's programme and we were invited by them to celebrate International Women's Day.

The students took part in a variety of activities. After being welcomed by Laura Warner, Head of Learning and Participation at Sadler's Wells, Laura conducted a tour, which was very interesting. The students learnt about the history of Sadler's Wells, looking at photographs, exploring backstage and they were able to see the well that still produces water used in the theatre.

Next was an inspirational careers panel featuring six female employees from Sadler's Wells including the Head of People and Inclusion, a trainee Theatre Technician, Finance and Business Manager, Senior House Manager, Marketing Officer and the Director of Breakin' Convention. The panel was chaired by Sharika, which provided the students with invaluable insights into the diverse roles and responsibilities at Sadler's Wells, as well as the individual educational journey that each employee had taken prior to arriving at their current role.

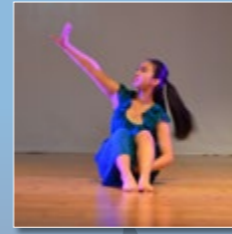
Finally the students took part in a Hip Hop dance workshop led by Sunanda Biswas and assisted by Anjana. The workshop explored different Hip Hop grooves and focused on fostering confidence, creativity and self expression. The students had an exciting and fulfilling day and it was inspirational to see the different roles women can have at a world renowned theatre.



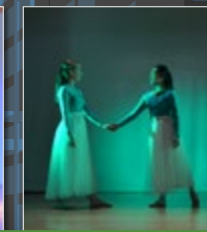
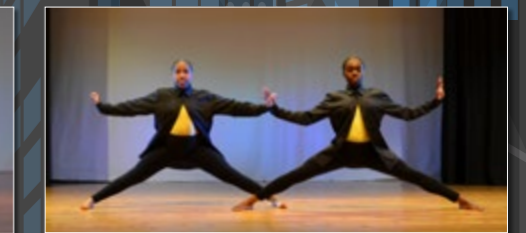
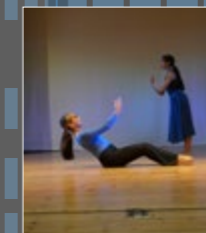
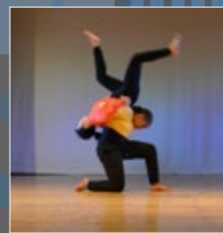
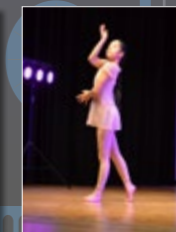
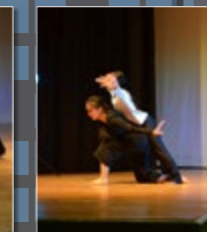
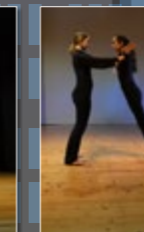
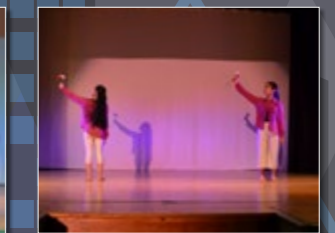
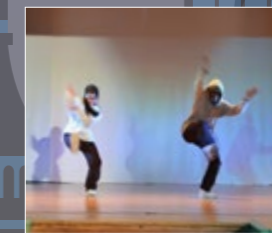
ST ANGELA'S PRESENTS

ELEVATE

DANCE CONCERT



It was fantastic to see so many young dancers being inspired to create and perform their own choreography! Not only did they develop their choreographic and performance skills over the process of Elevate Dance Concert rehearsals, it was evident to see their confidence had really grown. We are very proud of all the dancers and they should be massively commended for their achievements.



Indoor Athletics Simmonds Cup

St. Angela's athletes represented themselves well throughout the year group competitions at Lee Valley indoor track. Ex-St. Angela's student, Emma Nwofor was training at the venue and came over to wish the young St. Angela's team well. Emma has just returned from training in the USA and she is hoping to represent Team GB at the Paris Olympics. A special mention to the St. Angela's athletes who placed in the top three in a variety of events:

Year 7

Mesha 1st in 60m and 3rd in triple jump
Richess 3rd in long jump
4 x 200m relay team made up of Jessica, Richess, Mesha and Tiana who came 1st!

Year 8

Nicole 3rd in the 60m hurdles.

Year 9

Angeline 2nd in long jump
Janet 3rd in 800m
Angeline 1st in 300m
Eliora 2nd in 200m
Iri 3rd in 60m
4 x 200m relay team consisting of Honey, Angeline, Rachele and Eliora who placed 3rd

Year 10

Theresa 1st in shot putt
Alisha 2nd in high jump and 3rd in 300m
Divine 3rd in 60m

Team Results: Year 7 - 3rd, Year 8 - 4th, Year 9 - 2nd, Year 10 - 3rd with St Angelas placing 4th overall.



Year 11 Netball

The Year 11's have shown amazing team cohesion this season, on and off the court. Leading by example, these netballers have played for each other and shown years of commitment to their school team. Playing in Newham league this season has shown mixed results but some of their wins clearly displayed their netball qualities in the best light.

As an abundance of luck is sent to the team for their upcoming GCSE exams, a moment of congratulations must be given to all the Year 11's that played this season and to those that played in some of our most recent wins: Rancel, Emily, Elizabeth, Rina, Maddie, Racheal Mary, Adeaze and Maseray.



Year 7 Netball

Netball has been very busy for Year 7's this season. With playing in the Newham and Essex Netball league and entering the Newham netball rally this season, the Year 7's have all built on key skills such as communication and teamwork in each and every game. Attacking and defensive play from the students has developed leaps and bounds with each player. With lots of students attending training every Thursday after school, we hope to continue this great progress next academic season. Well done to all those that have been involved in fixtures this year and our most recent win against Little Ilford: Abishna, Shiloh, Neha, Ugne, Rayyan, Angela and Lodreya.



Year 8 Netball

A very big well done to the Year 8 netball team this season. Playing in the Newham and Essex Netball league this season, the Year 8's have worked hard to win games. Both their team cohesion and leadership qualities on court have developed hugely. We look forward to a successful season next academic year! Well done to all those that have been involved in fixtures this year and our most recent win against Sarah Bonnell: Victoria, Katerina, Myla, Salina, Chi Chi, Mia, Daniella and Keira.



Year 9 Netball

The Year 9's have shown great dedication this season to both fixtures and training. Playing in both the Newham and Essex netball league, the Year 9's have really solidified their connections on court. With the best KS3 attendance to Thursday training session, all the players look forward to a successful season next academic year! Well done to all those that have been involved in fixtures this year and our most recent win against Sarah Bonnell: Ciara leigh, Elsie, Princess, Iri, Sarah, Reine, Kishorika, Ama and Rhianne.



Year 10 Netball

The year 10's have shown great improvement in their play throughout this season. Playing in some difficult matches along the way has allowed the students to see the importance of team cohesion and communication. The Year 10's have made great memories this season through numerous away fixtures and memorable moments on court which positively displays their playing abilities. Well done to all those that have been involved in the Year 10 netball fixtures this year and to those that have shown great commitment to Monday morning training sessions. We look to continue this progress next season: Jana, Tyra, Brianna, Juanita, Esther, Kamsi, Angel, Alyssa, Blessing and Sami.

Wallball European Championships

On Thursday the 5th January we met up with the Junior GB Wallball Team at London City Airport, where we received our team shirts and bags. When we arrived at Amsterdam airport we took a coach with the Irish team, where we met lots of new friends. That evening we had dinner together as a team and we got to know each other better. The next morning, bright and early, we drove to the sports centre where the competition was held. The first day was singles games. We had a great time watching our team play and supporting them from the sidelines. That evening all the players from the competition had dinner together where we all danced and sang songs enjoying each other's company, even though everyone spoke different languages; English, Dutch, French, Irish, Italian, etc, we all enjoyed it.

On Saturday, we had doubles games, as we had played the best out of the GB Team girls. The best times we had were when we played together as a team at the end of the competition, when all the stress of representing the country was over and we could play a few friendly matches. On Sunday the 8th we left the hotel saying our last goodbyes to the friendly owners and headed to the airport and there we parted with the Irish, waiting for our flight. We landed at Heathrow airport late at night where we sadly parted with the Junior GB team but not for long because we came back together for the next UK Junior Open with many wins for the country. It was a great experience meeting so many new people that love wallball as much as we do. We will keep Ms Downes' motto going and we will "NEVER STOP WALLBALLING!".
By Amelia & Alina



NATIONAL JUNIOR INDOOR ROWING COMPETITION

NJIRC is an annual rowing competition. It took place at the Copper Box with nearly 3000 young people competing. St. Angela's Rowing Club members took part in this prestigious event with Year 10 rowing for 5 minutes, Year 8 for 3 minutes and Year 7 for 2 minutes. It is an intense row on the ergo machines as the rowers try to sprint for as long as possible.



Huge congratulations to Ekene who achieved a Gold medal at the National Championships in the KS4 Invitational race and Daniela who won a Bronze medal in the Year 10 race. Other team members performed exceptionally, for some it was the first time they were competing at NJIRC and many of the experienced rowers achieved personal bests. Results were as follows:
KS4 Invitational: Ekene rowed 485m - Gold Medal

Year 10 - out of 130 rowers:
Daniela rowed 1324m - Bronze Medal
Theresa rowed 1172m - 49th
Amelia rowed 1148m - 62nd

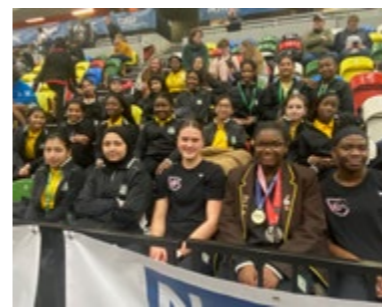
Aylish rowed 622m -157th
Trish rowed 580m -189th
Kalash rowed 525m -207th
Harshee rowed 430m -217th

Emmanuella rowed 407m -84th
Ysabella rowed 402m -85th

Year 8 - out of 243 rowers:
Katerina rowed 702m -59th
Aderayo rowed 682m -91st
Layan rowed 665m - 108th
Temi rowed 659m -116th

Year 7 - out of 149 rowers:
Tatyana rowed 450m -48th
Jayani rowed 430m - 67th
Keren rowed 429m - 69th
Naomi rowed 426m -74th
Sandra rowed 418m -79th

Students also participated in the Boat Race and Sprint Relays finishing 13th and 52nd respectively. A fantastic achievement by all the rowers - well done.



London and South East Badminton Cup

The U13 Badminton team competed in the London and South East Badminton Cup for the first time. The team consisted of 8 players who were ranked as singles and doubles players. In total the team played ten matches, which were represented by four singles and six doubles matches. In round 2, St. Angela's team faced Thorpe Hall School winning 6 to 4 matches. The team went forward to round 3 but came up against tough opposition in Nonsuch High School which resulted in St. Angela's losing. Overall it was a great experience for the badminton players to compete in such a high level competition which has motivated them to continue training at badminton club. Well done to the U13 Team: Mia Benoit, Daniella, Victoria, Megan, Ebony, Amarachi, Nicole, Jenelle.



Year 7 Indoor Athletics Championships

Well done to Jessica, Thalia, Mesha, Skye, Anne, Valentina and Joy for representing St Angela's at the Lee Valley Indoor Schools Competition. The students did very well for their first indoor athletics competition.

All students gave a maximal effort in their events and overall everyone supported one another.

A special well done to students who placed in a variety of events:

Mesha 1st in 60m

Valentina 2nd in 200m

4x200 relay team made up of Mesha, Valentina, Thalia and Jessica who placed 2nd.



American Flag Training

This term we welcomed the Big Kid Foundation into our lessons, in order for students to experience and develop their American Flag skills.

Similar to tag rugby and American football, flag is a sport that involves agility, speed and teamwork. All years were given the opportunity to take part in a flag session and the students thoroughly enjoyed themselves. Flag Training will continue to take place on a Monday lunchtime and is open to all years.

Here are what the students thought about this opportunity: "I enjoyed flag training, it was interesting, fast paced and you needed quick reactions. It was a competitive experience and it was a lot of fun" said Mariia

Esther commented that "Flag training was really fun. I enjoyed the session and liked that I got to play competitively with my friends, and I was able to learn new skills".

"Flag training was a different experience to most sports we do, you have to communicate well with your teammates and think on your feet, it was fun and I enjoyed myself" said Jana.



Sleeping Beauty

St. Angela's students and staff went to see Sir Matthew Bourne's production of Sleeping Beauty at Sadler's Wells Theatre. Bourne creates a wondrous world of magical fairies and vampires, where the timeless tale of good vs evil is turned upside-down, creating a supernatural love story that even the passage of time itself cannot hinder - Princess Aurora seeking to find her true love.

There was a post show talk with Sir Matthew Bourne speaking about the inspiration for this classical work which was very insightful and everyone had a fantastic time.



Jowita & Ysabella said, "We liked how the dancers had a lot of chemistry. The sets changed very quickly and the costumes were stunning. We also enjoyed the twist in the show."

Leila & Mary commented that, "they liked how the dancers expressed themselves and they were beautiful dancers".

Amelia said, "I enjoyed the music and how expressive and dramatic it was. This enabled the dancers to express different emotions clearly".

CAREER ADVICE AND OPPORTUNITIES

It has been another busy term for careers. Within subject lessons teachers continue to discuss careers linked to the topics that they are currently studying. For example, the cold spell got the Geographers talking about the importance of Meteorologists in preparing us for weather hazards. There are so many opportunities out there for students and as they progress through the years they are given more information and advice on how the work they do prepares them not only for further studies but also the world of work.

In March, Key Stage 3 had an assembly on the importance of creativity. This was an opportunity to look at how creativity is considered a top skill for future job markets. The assembly looked at the creativity behind jobs such as Musical performers and those who work behind the scene such as the dance choreographers and stylists. The students also looked at the creativity of authors such as Roald Dahl or designers such as Philippe Stark, who designed an iconic citrus squeezer for Alessi which gained global recognition. We encourage all our students to be creative as they too may be the designers, authors, performers and creative geniuses of the next generation.

Year 10 have completed their week work experience this month. They did themselves and St Angela's proud working with a wide variety of employers learning new employability skills that will help in their future. We have had students working in a wide range of companies which have included solicitor firms, primary schools, estate agents, activity centres, music studios and even horse riding schools!

We continue to ensure that all students are aware that there are a variety of opportunities open to them both Post 16 and Post 18. Mr. James, our schools Careers Adviser, delivered an assembly on Apprenticeship to Years 10-13. This highlighted the different apprenticeships options on offer as well as some of the companies that offer some amazing degree apprenticeships. We are currently working with some really big companies such as PWC, MACE and Marsh McLennan with apprenticeships, work placements and work experience.

This term Year 9 have been making the important decision of which GCSEs to select. To support them with this decision Mr James has held lunchtime drop-ins sessions where they can seek further advice and guidance on how their decision can support their future career plans. We are looking forward to

having further sessions with other year groups next term.

Supporting students individually is very important to us and Year 11 students have continued to have 1:1 career meetings with Mr James and our external careers advisor. These sessions have been very productive in supporting students as they plan for their next stage of learning.

The Sixth Form students have engaged in a number of work placements in many different industries which have helped them prepare for university. Having the opportunity to try out a work environment has supported students in making their decisions on which course to study and has also been a key part of their personal statement for their UCAS and wider applications.

We encourage all students to take up the opportunity to have a personalised careers appointment with Mr James. These can be booked directly with Mr James who is based in the Ursula Suite or via their Head of Year.

Economics

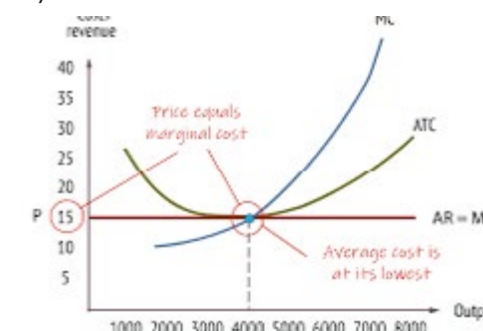
Year 12

The Year 12 Economists are currently learning about macroeconomics. They have covered key concepts and theories which include the rate of inflation, unemployment and economic growth. They have their summer exams coming up which will be starting in less than 8 weeks. Students have access to study support every Thursday after school to help improve outcomes.



Year 13

The Year 13 Economists have now completed all content for their summer examination. The focus for the remaining weeks is exam practice. They have been revising synoptically with a focus on perfecting exam technique. With their summer exams fast approaching, the Economists have been working on high order essay questions and examining previous exam papers and markschemes. The Economics department is extremely proud of their hard work and determination! Short-term hard, long-term easy!



WORLD BOOK DAY 2023



Reading Programme

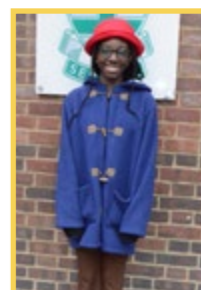
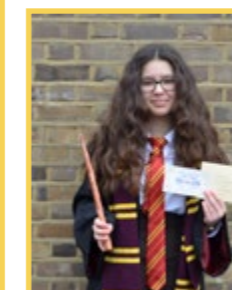
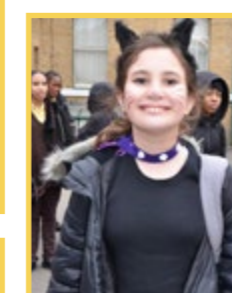
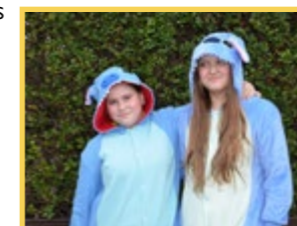
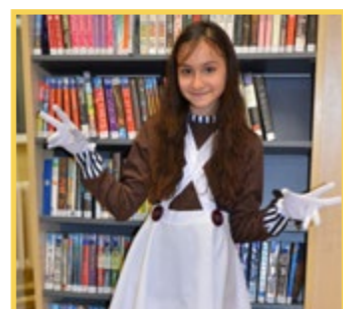
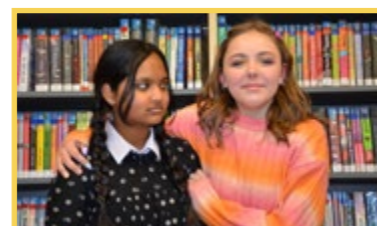
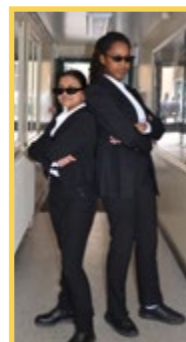
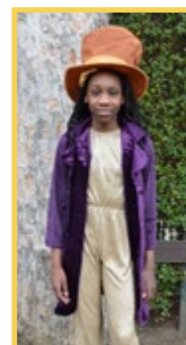
'Being a student in the Sixth Form, and also being able to help students in the main school improve their reading comprehension skills has been an honourable job. The Reading Programme has not only helped students progress with their reading, but also has provided an environment where they can flourish, think critically and pragmatically. Additionally, the range of different activities, including reading fictional and non fictional books, quizzes and multiple worksheets has allowed for students to explore words and their meanings in multiple ways. Having helped since the start of the academic year, I have seen students improve and it's been rewarding seeing them do so well that they are able to graduate from the programme.'

Sara, Year 13



The importance of reading is always promoted and encouraged throughout the year, but our annual Book Week celebrations bring a fun element to the process. There are activities throughout the week, whether in form time, lessons or during lunch in the TLC.

The lunch time quizzes in the TLC challenge students on their book knowledge and Book Bingo has become a favourite activity as it's standing room in the TLC when it's on. The highlight of the week is always Book Character Day, it is such a joyous day seeing what book characters staff and students have dressed as. The teachers looked amazing and students loved being taught maths by the tiger who came to tea, or seeing Mr Hyde in his full glory roaming the English corridors!





Holy Week

Pope Francis sent his greetings and encouragement to our student participants at the Flame Congress 2023

“Dare to be different and point to ideals other than those of this world, testifying to the beauty of generosity, service, purity, perseverance, forgiveness, fidelity to our personal vocation, prayer, the pursuit of justice and the common good, love for the poor, and social friendship.”



SUMMER TERM BEGINS MONDAY 17TH APRIL 2023
All students should be inside the gates by 8.40am sharp.