



# SUMMER 2019



St Angela's Ursuline School Newsletter





## Dear Parents and Carers,

We come to the end of another school year in a term that has been packed with public and internal examinations, as well as the huge amount of events, evenings and educational visits that offer so much to the students of the school.

As ever, I want to thank the staff as they approach their hard earned holiday. They have gone the extra mile to not only provide excellent lessons but also exhibitions (Art & DT), musical tours, performances, presentation evenings, Prom as well as a huge amount of trips, including the spiritual pilgrimage to Lourdes.

We have celebrated with year 11 & 13 as they await their exam results in August and I want to thank their parents and carers, as I do to you all for the support you have given your daughters and sons in meeting the challenges of 2019 - without you their success and that of the school would not be assured.

The Governors of the school and I were overjoyed recently to see St Angela's achieve 'International School Award' status thanks to the amazing work of the MFL department and this has been complemented further by the charity fundraising of the girls. Having raised £1000 for the Ursuline Schools project in the DR of Congo and £3150 for MacMillan cancer the students have been truly amazing and this is a perfect example of their commitment to Serviam.

We have several teaching staff leaving this term and I wanted to highlight to parents those with especially lengthy service to the school. So we wish Ms Steedman, Mr Foley, Ms Rainford & Ms Patterson (who collectively have 50 years of service between them) all the very best for their future with deepest thanks for all their hard work for the students of St Angela's. We also have three support staff members retiring this year with an equal record, so we wish Mrs Idun & Mrs Warr (Learning Support) & Ms Dance (TLC) a happy retirement for all their years of care and support for the girls of the school. What a wonderful example to us all of working lives filled with Ursuline values.

As I reach the end of a decade as the Headteacher for St Angela's, we warmly congratulate Mr McCormack (current Deputy Head - St Bons) on the fabulous news of his impending headship and we keep him very much in our prayers as he begins his leadership of St Bonaventure's in September.

My staff and I wish you all a restful and enjoyable summer and we look forward to the return of the students and the new staff joining our community on Wednesday 4th September 2019.

Kind regards,

Mark Johnson

Headteacher

### COMING UP IN THIS ISSUE

#### SPORTS

National Dance Finals  
Breaking Barriers  
Wimbledon Trip  
England Cricket

#### NEWS

Mooting Winner  
Fundraising  
Careers News  
Lourdes Trip

#### EVENTS

Summer Music Concert  
Choir Tour Amsterdam  
Art Exhibition  
Carnegie Book Shadowing

# Lourdes' Pilgrimage 2019



This year I was lucky enough to go on the pilgrimage to Lourdes, along with 24 other students from Year 7, 8 and 9. Mrs Suc-Diamond, Ms Afonso and Miss Treacy came with us and helped us throughout the week. I was very happy that I was going to Lourdes and excited to see all the beautiful French countryside. I wasn't sure if I would like it there as I was afraid that I would get lost from the group. Luckily this didn't happen and I enjoyed the time in Lourdes!!



Everyone was excited because we were about to visit a bit of Lourdes. We were very lucky because we visited the Grotto. The Grotto was very beautiful and it is a holy place because Mary appeared to a girl called Bernadette 18 times. We walked in the footsteps of Bernadette, following the route she would have taken the

day the Virgin Mary first appeared to her. We had a lovely tour guide who gave us miraculous medals when we got an answer correct.

We learnt about Bernadette, her life and her childhood. We

were also able to visit the house that she lived in and the priest's door that she knocked on to tell about these amazing apparitions. The chapel had a lot of unique drawings on the ceiling and on the walls. We also travelled up a mountain and we saw the amazing view of Lourdes. We went up a hill and we prayed the 18 Stations of the Cross.



It took two hours to pray for our family, the ones we love and the ones we care for. We were grateful and we said thank you to Jesus for dying on the cross for our sins. At 9am mass we prayed and received the Body of Christ. We blessed our rosaries in the Grotto and we led a procession behind the Immaculate Conception and this made me feel special and holy.

On a visit to an animal park, we saw a few unique and distinct animals. On the last day we quietly reflected on the Body of Christ during Eucharistic Adoration. We visited a statue of Mary and we said 'Virgin Mary bring me back' three times and some of us wanted to come back with our family. It was time to go back to London, and our families welcomed us with happiness and smiles on their faces. This was an amazing experience.

*By Klaudia*



## URSULINE SISTERS' VISIT



On Wednesday 25th June 2019, the RE department were blessed to host a visit from two Ursuline sisters from Thailand and Indonesia. Sister Somchitr and Sister Tari came to see how the spirit of St Angela is lived out and shared here. They met with a student panel of Year 8s and Year 12s and had a spiritual and informative question and answer session. The sisters shared such inspirational messages with our young people, spoke so warmly about their vocation and encouraged our young people in their Christian journey. Our students were great ambassadors and talked so passionately about the impact that Serviam has had in their individual lives and in our own community. We are now looking forward to building on this new friendship.

## SACRE in St. Angela's

St Angela's Ursuline was very happy to host the end of the academic year SACRE. SACRE is the standing advisory committee for RE which is also known as RE Matters. Different schools from Newham gather together in the host school and celebrate their diversity. The aim of the committee is to embrace different cultures and religions and to cross any negative hurdle that rears its ugly head in our society today. This half term we played rounders' – with religious leaders from different faiths. We met a Jewish Rabbi, a Muslim Imam, a Hindu Pundit, a Catholic Priest, a Humanist Speaker and an Anglican Vicar – all from our community. The girls and boys were divided into various groups and were timed as they went to visit and speak to the different religious leaders. There were questions asked and issues raised. It was an informative and enlightening exercise. In the next academic year, the groups will be going to start a new project involving each of these faiths and living together in the community. Therefore, after the religious leaders departed, we brainstormed our lesson plans. We look forward to the new academic year when the project comes to fruition.

If you are going to be in Year 8 and you would be interested in being part of SACRE – there will be 8 to 10 positions coming up next year. Please write a short email to Ms Afonso explaining to her how you are a joyful, inspirational, respectful and open minded part of the wider community. (Her email address is [cheryl-anne.afonso@stangelas-ursuline.co.uk](mailto:cheryl-anne.afonso@stangelas-ursuline.co.uk))

### URSULINE COMMUNITY LINKS

#### The Ursuline Community Cohesion Project

The girls from Wimbledon Ursuline came over to St Angela's school to complete another INSIEME (together as a community) project for the academic year. They arrived at 10am after a long journey from Wimbledon and immediately got stuck into the various activities planned for them and run by the project leaders. With only a short break of squash and biscuits, the girls soldiered on with their project until lunch. After lunch, the St. Angela's girls took their Wimbledon Ursuline friends on a tour of the school before proceeding to the chapel. There, the girls enjoyed a liturgy service where they presented their activity to all participants and the deputy head teacher – Mrs Siaw. Mrs Siaw gave a speech on the

importance of serviam and the joy that community links brings to the Ursuline community. With fond farewell (yes, there was a lot of hugging and exchange of email addresses), we waved goodbye to our friends from the other side of London. Au revoir and until we meet again next year. A special thanks to the wonderful Year 9 and 10 girls who made wonderful leaders – you know who you are – you are growing into lovely young ladies of St. Angela.

If you think that you have the makings of a good leader and you are interested in being trained by the Brentwood youth association of the diocese of Brentwood in Catholic leadership, please contact Ms. Afonso (on [cheryl-anne.afonso@stangelas-ursuline.co.uk](mailto:cheryl-anne.afonso@stangelas-ursuline.co.uk))

This is open to current Year 7, 8 and 9 and ensures that you will be part of the leadership in St. Angela's school events.

## Year 7 RE trip to Hindu Mandir

On 25th June, year 7 students travelled to Neasden with Miss Larkin, Miss Baidoo and Mr Aldai for a day exploring the Shri Swaminarayan Hindu Mandir.

We had a very exciting visit, which included a Q & A session with a volunteer at the Mandir, a tour of an exhibition on the religion and a walk around the beautiful statues and murtis. We watched an interesting documentary about how the impressive temple and prayer hall was built. The most exciting part of our day was getting to take part in an 'arti' or prayer ceremony with members of the Hindu community in North London.

Everyone came back to school with a much wider knowledge of the Hindu faith!



## Sponsored WALK

The Sponsored Walk was completed by Year 7 and 8 in West Ham Park, in memory of Owen Gayle. Mr Gayle worked at the school for many years and always organised the walk for Macmillan Cancer Research. Mr Gayle lost his own battle to cancer and the walk commemorates his memory and the fight of so many others. The top fundraiser this year is Roxanne in Year 8, the two year groups raised the astonishing total of **£3100** for Macmillan Cancer Research.

**MACMILLAN**  
CANCER SUPPORT

## Bosco Camp Year 6 Transition

A group of Year 9 girls went on a Year 6 transition to Bosco Camp for the day. All the Catholic Primary Schools in the borough of Newham were there and most of the girls will be attending St Angela's and all the boys will be attending St Bonaventure's. We were welcomed by Head Teachers who made us feel at home and told us what our various leadership jobs were. These included ice breakers, making the primary schools feel comfortable and leading various cohesion activities so that the students get to know each other before coming to secondary school. It was very nice to see and understand Serviam in action from the Year 9 who know and understand our ethos so well. The girls also worked in the kitchens – serving tea and coffees to the teachers and finally serving burgers to the Year 6 students. We then attended mass said by Fr John Jesus and Fr Bob. At the end of the day everyone was very tired, but had a good time.

## Art Matters

Once again, St Angela's are delighted to be showing student work at UEL as part of the University of Arts, Art Matters exhibition. This annual showcase celebrates the abundance of young talent in Newham. The exhibition, which is open to all can be viewed from Wednesday 3rd to Friday 12th July . Please visit the Art Matters website for further information. <http://www.artmatterslondon.com/art-matter-2019/>

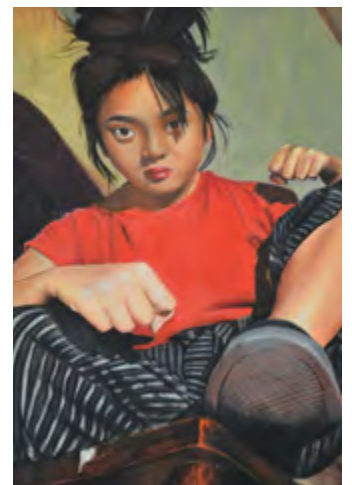
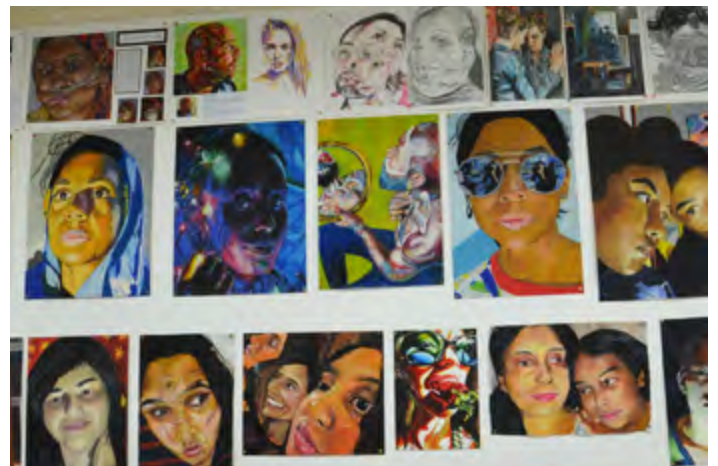
## Rivers of the World

St Angela's Art Department is delighted to have been selected to take part in the Thames Festival Trust's project Rivers of the World. ROTW is an international art and education project delivered in partnership with the British Council that connects pupils around the globe to their local river through environmental, economic and cultural learning themes. Year 8 and 9 students will work with the lead artist Shona Watt during a two day workshop in July to create a collective large-scale work of art. This will then be curated and exhibited in galleries, along the River Thames walkway, schools across the UK and around the world in partner countries. <https://thamesfestivaltrust.org/>

# The Gallery at St Angela's

CELEBRATING THE TALENTS OF OUR ART STUDENTS

Once again students in all year groups have worked to produce outstanding artwork. Their achievements were celebrated with staff and parents at the St Angela's Art Exhibition on July 2nd.



# HISTORY TRIP

## Year 7 History Trip to Weald and Down Open Air Museum



On 27th of June, we were given an amazing opportunity to visit the Weald and Down Open Air Museum. This is a museum which has moved Medieval and Tudor buildings from across the country to the museum, in order to ensure that the buildings are preserved and open to visitors to see how people lived in Medieval and Tudor England. Walking around the different buildings we really got to understand and see first-hand things that we have studied in our History lessons this year! The museum also had lots of animals and we got to see working horses, bulls and pigs and understand why they were important to people in the past. Following this, we participated in a range of different workshops.



One workshop was on Tudor medicine and we got to create medicines like the Tudors would have used; using natural flowers and herbs which was really exciting. Although the day went by too quickly we had an amazing time and we are very grateful to have had the opportunity to visit the museum.  
Reese, Yr7



### Widening Horizons – A visit by a practising barrister

On 14th of June 2019 a selection of Year 10 and Year 12 History students were lucky to have Max Archer – a practising barrister come into school to give a talk on a career as a barrister. Max spoke about his university degree in History and how he was able to train to become a barrister. Furthermore, Max spoke about the areas of law he practices, such as medical or military negligence, personal injury and human rights law. We learnt that Max is a young barrister who works on high profile cases involving massive corporations or have an international focus. Max highlighted the importance of hard work and dedication at school in order to succeed in a highly competitive profession like law. Max's stories about his experiences were inspirational to all who were listening.

After talking about his legal experiences, students were able to participate in a mock trial. In this mock trial we were debating a case based on the Titanic. Two sixth-formers debated that the sinking of the Titanic was due to mistakes made by the company who built the ship. Two other sixth-formers acted as members of shipbuilding company and they had to defend the company. In this mock trial we as students were able to understand the structure of a trial and the traditions of the court. In addition, we saw what barristers actually do everyday in court – which made the experience really exciting and demonstrated the reality of a legal career. The best thing about Max's talk was that he advised us about what being a barrister is really like and how best to make our dreams of a legal career become a reality. See *page 24 for Careers insight.*

Nicole – Year 10

### Sharing History

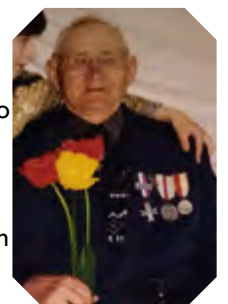


When we started the topic of the Holocaust in History, I was excited for it as I knew a lot about it because of my ancestors. I had told my history teacher about the story of my great-great grandparents who were involved in the war. My great-great-grandfather fought in the war and fought many interesting battles, while my great-great-grandmother survived living in a death camp and escaped successfully. The History department had asked me to make a video about my family.

I chose to do the video with my cousin, Zuzanna, because we both know the story really well. We got to share a story that our whole family still cherishes. In the video we explain

the story of my great-great grandparents. My great-great-grandfather had fought in the Polish army for 10 years without any contact with his family and never got injured. My great-great-grandmother meanwhile got sent to a death camp because she saved a Jewish girl and managed to get out by paying a Gestapo officer to let her go. The next day, the whole camp was killed. I am really proud to have shared my family's story and I know the History department will be showing my video in lessons next year in order to highlight the importance of remembering and sharing the history of our families. So, if you have any interesting history in your family, share it with your history teacher!

Zuzanna and Maria



# Year 12 Historians visit LSE



Year 12 History students had the opportunity to visit the archives at the London School of Economics which house a variety of documents and artefacts regarding the campaign for women to achieve equality in the 20th century. Student's visited the specially commissioned exhibition on women and the professions after World War One. The exhibition focused on how a range of different women had campaigned for wider opportunities for women. Following a tour of the exhibition, students examined a range of sources from the 1920s, which revealed the

methods used by women to obtain greater rights, but also highlighted the limitations placed on women by society at the time. Most importantly, the trip was a vital opportunity for sixth form students to visit a key London University that they may wish to apply to next year.



## Carnegie Book Award Club Lunch



Years 7-10 had the opportunity to enter into the CILIP Carnegie Book Award reading challenge. There was a selection of eight books you could choose to read and we had to read a minimum of five. After you finished the book you wrote a review on the St Angela's Carnegie shadowing page, giving others from our community and further, an insight into the book or the experience you had reading the book. The books shortlisted this year were:

### Rebound

by Kwame Alexander

### Long Way Down

by Jason Reynolds

### The House With Chicken Legs

by Sophie Anderson

### Bone Talk

by Candy Gourlay

### A Skinful of Shadows

by Frances Hardinge

### Things a Bright Girl Can Do

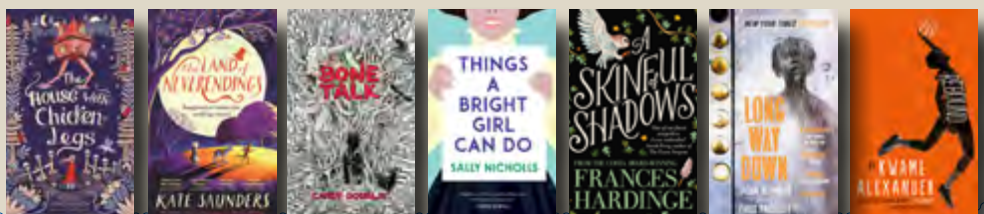
by Sally Nicholls

### The Poet X

by Elizabeth Acevedo

### The Land of Neverendings

by Kate Saunders



I have included two book reviews that students from our school have written. If you would like to read more, I encourage you to have a look on our school Carnegie Book Award area.

Ms Bacon

"In Long Way Down, Will has known

about The Rules for a long time which was passed on down from his older brother Shawn. He doesn't know who was the creator of these rules, they've just always existed: No Crying, No Snitching, Get Revenge. When his big brother Shawn is shot and killed, Will is confused and upset but finally knows what he has to do he has to follow The Rules.

The trip down the elevator from his apartment to the killer is among the longest of his life where he meets "visitors" that he knows. When he gets to the ground floor, life has given him another view of the rules."

By Leona and Zuzanna year 7

"The book Rebound is about a 12 year old's tale of his summer in Washington a year after his life changed completely following the death of his Dad. His

cousin Roxie introduces him to basketball which gives him a whole new perspective of life.

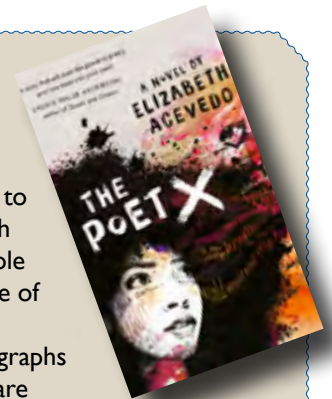
The short paragraphs and sentences are straight to the point and fascinate you. The story is very mysterious as not much is revealed in the first few chapters but is later on in the book as you learn more about the character's world."

By Maame year 7

I am very glad I was able to finish all the books because all the books had their own uniqueness to it. I can admit it took time to get into the mood of some of the books but overall the books were amazing and I will highly recommend you try reading them.

On the last day we had a party at lunchtime to celebrate taking part. We also saw the official judges announce the winner on a live broadcast from earlier in the day. I would like to announce to St Angelas that the winner of the Carnegie Book Award 2019 was The Poet X by Elizabeth Acevedo. Congratulations to her!

Leona 7WEL



# British Council International School Award 2019-2022

We are very proud that St Angela's School and the MFL department has been awarded the British Council's prestigious International School Award in recognition of its work to bring the world into the classroom.

The International School Award celebrates the achievements of schools that do exceptional work in international education. Fostering an international dimension in the curriculum is at the heart of the British Council's work with schools, so that young people gain the cultural understanding and skills they need for life and work in today's world.

St Angela's was highly commended for embedding Internationalism into our curriculum and creating a love of language learning throughout the school. This has taken off with our pen-pal exchange, which will soon see every student in year 7-9 with an international pen pal.

Many international activities happen throughout the school

year here at St Angela's including several collaborative ones with a partner school abroad. These experiences allow our students to learn a foreign language and to learn about the culture of the country.

Sir Ciarán Devane, CEO of the British Council, said: 'St Angela's fantastic international work has rightfully earned it this prestigious award. The International School Award is a great chance for schools to demonstrate the important work they're doing to bring the world into their classrooms. Embedding an international dimension in children's education ensures that they are truly global citizens and helps prepare them for successful lives and careers in an increasingly global economy.' 'It is testament to the whole school commitment to embedding a rich and creative range of international work, and it's important that your outstanding achievement in the International School Award is shared and celebrated widely.'



## France Day Trip

Early in the morning, around 4am, everyone boarded the coach and excitement was flowing through our bodies. Today was actually the day when we went to Calais! Some were sleeping, using their phones and others were chatting away while Mrs. Suc-Diamond was calling names to check that everyone was here. Soon after, many of us started consuming our breakfast and asking each other how long until we get there. We entered the ferry at Dover. It was rocking up and down on the beautiful, calm, aqua waves. Through the ferry's colossal windows we could see the lovely city of Calais.

When the ferry stopped, we rushed down the stairs, eager to get back into the coach to go to our first destination, which was a bakery called 'Le Fournil'. They showed us the machine they use to make dough. They produce handmade and machine-made bread. Later on, we were taken to the place where we were shown how they make croissants and we were involved in making our own croissants and many turned out great. We got 2 free croissants, one plain and one with chocolate. Miss Hall took a couple of us at a time to their shop where we got to purchase macaroons, meringues, chocolate, and croissants.

We continued our journey to Flunch! where we ate our lunch. There were stunning desserts that looked delicious. After devouring our lunch we went to a sweets factory where they showed us how they make hard sweets and gummies. It was very cool when he showed us how he made a lollipop which smelled amazing. We all dashed into the sweet shop where they had mouth-watering sweets that looked very tempting to buy so we did!

The coach headed to Nausicaá which happens to be the biggest aquarium in Europe. When we entered we could see real jellyfish moving around which looked beautiful. Then we came across a massive stingray which is the biggest I have ever seen. Then we saw Dory a couple of times but I couldn't find Nemo (Ocellaris clownfish). We got to walk under fluorescent light and our clothes and even our teeth started glowing. It was like magic. The gift shop finished off our visit to Nausicaá and we bought some great souvenirs. Sadly, that was our last event in Calais before our return ferry trip. There was dinner on the ferry and a bumpy ride home. We had an amazing, fun, exciting, tiring adventure. It was a great experience and I would encourage you to come to the next French trip.  
by Hoshana





# MOOTING COMPETITION



I applied for the mooting competition in February, 2 days before the deadline, looking to improve my confidence. I received an email a few days later saying that unfortunately, they had been unable to offer me a place in the competition and I was placed in the waiting list along with my close friend Giselinne, however, they told us that we could still come to the opening session as there might be spaces available. Later that evening, both of us got an email saying that we had been

accepted into the competition, and I was the last one to get in - contestant 18. From then onwards, we met with our mentors for a training session every Tuesday at 6pm at The University of Law in Moorgate. Skeleton arguments (A document to give the judge a brief synopsis of the relevant matters for the court to consider) were due that same day at 1pm. The actual rounds took place at the University every Thursday and that same day we would get the results, along with the next case and the people we had to face (if you made it through to the next round). This meant we only had 4 and a half days to prepare the skeleton arguments and we were not allowed to contact our mentors except via email. This, along with the pressure to revise for our upcoming exams and the homework we got from our teachers meant that most of us did not get the minimum of 8 hours of sleep between February - April (May for me). Apart from me, there were another 5 students from St Angela's (Ysabela, Giselinne, Samuel, Rabbi, Ibrahim) in the competition meaning that in most of the rounds, we were placed against each other. As it got closer to the final, I felt like dropping out as the pressure was almost unbearable. My friends thankfully managed

to convince not to do it and wait until I got the email saying that I had not passed to the next round. After the semi-final, we had to wait several days which just made us more anxious because we didn't know whether we could finally relax or start preparing for the final. A few days later, I received an email saying I had passed to the final which made me overjoyed yet anxious, as I never expected to make it that far. I never wanted to win but I knew that I had to try my best now because I was no longer doing it just for myself, but for my friends who had supported me and for the ones who had been in the competition with me. The final took place in the UK Supreme Court and it was judged by one of the 12 judges of the Supreme Court - Lord Kerr (Baron Kerr of Tonaghmore). To say that it was nerve-wracking is an understatement. My friend and opponent, Simran, was the first person I had faced in the mock round and having to face her was, in a way, something that gave me a bit of confidence as we became good friends and we were both as nervous. Lord Kerr read out who the advocacy (the win) had been awarded to and my mentor and I were pronounced winners of Big Voice London 2019 mooting competition. Simran and I were also awarded mini-pupillages (work experience) at Ely Chambers. This competition and this whole experience in general was definitely exhausting yet rewarding. The day of the final I just had 3 hours of sleep as I was busy preparing and making sure I knew all the facts, cases and laws. It taught me that really good things can come out of the worse situations and this was not only my win but it was also everybody else's who had been there with me along the way. It was also a proud moment for my parents and myself in general as they started as cleaners and it felt good to let them know that all of their efforts had been worth it (as we moved to this country when I was in year 5, unable to speak a word of English). Truly, if you put your mind to it and if you're surrounded with good company - even if it's just yourself, you can achieve a lot of things you would never imagine.

*by Almudena, Year 12*

## Team-Up Aspirations Trip - Goldsmiths University

You can learn new things from different experiences that teach you to become who you are today. On Wednesday 26th June 2019, the Year 7 Team Up tuition students went to Goldsmiths University to experience university life and to explore what studies you can do when you finish A-Levels. This was fun because you get to learn new things and you get to learn how people live in a day of university. The university students took us on a tour of the campus and were giving us ideas on where we would live if we went there it was a good experience. We also had a presentation session and were able to come up with our own advertising campaign ideas working in groups which was fun and allowed us to work in groups like real university students.

*Ysreal, 7WEL*

We were very lucky to be part of the Team-Up trip to Goldsmiths University. We were all welcomed to

Goldsmiths with open arms and they showed us around their university, while giving us tips and tricks on how to tackle university life. The University ambassadors even shared some of their own experiences and gave us advice. After the introduction we were placed on a campus tour, which every student goes on before joining Goldsmith's, on the tour we went to a real lecture and a seminar. Later in the day had the chance to create an advertising campaign and pitch it to a panel of judges. All in all it was a great educational experience and I hope that the next Year 7's get to be a part of Team-Up tuition!

*Shalom 7TRU*



# Creative Writing Club

Poems and a short piece of prose as submissions from the Creative Writing Club

## The Miseducation of Black History

by Shanel Karuma

When you see me, you know my race  
Before I talk, you assume what I am about to say  
I may not be a descendant of a slave  
But, I too have had the same pain inflicted unto me  
Obama, Malcolm X, Rosa Parks, Mandela and Martin Luther King  
These are all significant black people in our history  
What about their history?  
Their ancestors had a life, a family and a purpose.

Before, the Europeans came and claimed we were uncivilised  
Before the missionaries came and erased their beliefs  
They erased and stole precious parts of history  
Now, sitting in a museum and unreturned  
All in the name of  
Tourist attraction  
You brought them along the Atlantic Ocean, without their consent.  
You abused our men, then raped our women and welcomed  
The most favoured skin tone of our community.  
We took your language, your surnames and your orders  
While you disregarded our traditions and our past in silence.  
Nowadays, many blacks do not associate themselves with the continent Africa, or label themselves as African  
For you have miseducated on the true Black History.

See, we are more than just the continent which has provided you with resources for you to survive  
We are the bees who haven't granted you permission to take honey from our beehive  
We are the scientists and mathematicians who have paved the way  
We are the warriors who have fought against colonisations  
Rebelled against exploitation  
We are seen, but our past is unsung  
You made our women wear headscarves because it was a threat to you status quo  
But, in case you didn't know  
It enhanced our beauty  
Our Afrocentric beauty.  
A month isn't enough,  
Because the brutal pain they endured was tough  
Though I and many others are the future, our past shall last  
A lifetime.

## Summer

by Charlotte Anonuevo

The vast fields of gold  
pulled me in to bask  
within its beauty.  
Above was their golden idol  
whom they simply couldn't face  
as its elegance was far beyond theirs.

## Summer

by Akuoma Duru

How much I love the summer  
The nice cold treat you eat  
Relaxing on a laid back chair.  
You build your masterpieces out  
Of sand. All the joyful feelings  
Surround you for the excess amount  
Of fun you are having.  
Oh How I Love Summer.

## The Ghost of his Failure

by Smilte Razanovaite

Slowly and carefully, he approached her, or at least what was left of her. His legs gave way and tears fell full of sorrow for a previous life. A life where he could have succeeded, done his job, been the knight in shining armour.  
The armour was rusted, no longer silver but brown and occupied by the ghost of his failure. Rubble punctuated the dismal field where once flowers had grown to the sound of her voice. The lack of her birdsong caused them to wilt as much as his hope for happiness had. Memories of the gold sun's streams of straw that he fearlessly attempted to climb, he knew, would be the death of him and now this was to come true.  
Although he had died a long time ago, a body kept him harboured to the earth, the relentless world surrounding him. He lay beside her cheek-to-cheek, one harder and colder than the other. Life had made him pay a horrible price. In her imprisonment he could never bear witness to her face and now it was far too late. He had been a coward when he promised to be a rock. A bird he had never been able to free and a cage that now held his heart. Rock by rock, her prison fell and piece by piece his soul had dwindled. He joined in the only way he could, in death.

# Celebrating the Achievements of our KS4 Alternative Pathways Provision

This group of outstanding young ladies have collectively achieved a massive 83 qualifications and certificates. They have successfully completed a "Personal and Social Development" qualification accredited by ASDAN, "Arts Award" qualification accredited by Trinity College to mention just a few.

**Congratulations Ladies!!**



## Arts Award Review

by Alessia

The Arts Award allowed me to explore the topic I am passionate about which is jewellery. To achieve a Bronze Arts Award, I collected evidence in my arts portfolio of my experiences. I planned and delivered a jewellery workshop; I researched the life of my favourite jewellery designer "Swarovski"; I displayed my jewellery designs in an exhibition; I wrote reviews and poems; and best of all I went to visit the Victoria & Albert

Museum to look at famous jewellery. In the future I want to become a jewellery designer and the Arts Award has definitely given me confidence to follow my dreams!



## The Diary of an ESOL Student

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

I wanted to share my story with everybody to show that anything is possible and dreams can come true.

ROMANIA



FOREST GATE



### TIME LINE

#### December 2015

I arrived in the UK from Romania - I could not speak any English!

#### January 2016

I Became a St Angela's Girl !! Everybody made me feel welcome and I was given a school buddy who could also speak Romanian.

#### January 2017

I can now speak English and I have many English-speaking friends at my new school. I enjoy Science, Religious Education, English and Maths.



#### September 2018

My Alternative Pathways Curriculum started in Entry-level Maths, Bronze Arts Award, and AQA Unit Award scheme certificates in Religious Education.



#### April 2019

I am the first Student from St Angela's to take an ESOL English exam (English for Speakers of Other Languages). This was a Reading, Writing and Speaking and Listening exam.



#### July 2019

I am very proud of myself. I achieved ESOL Qualification, Bronze Arts, Home Cooking BTEC, Award, Entry-level Math, and AQA Unit Award scheme certificates in Religious Education.



#### September 2019

I will start college but will never forget that "Once a St Angela's Girl, Always a St Angela's Girl"!



## SUMMERTERM Rise Up Days

This school year has seen the introduction of Rise Up Days from Year 7-Year 13, designed as bespoke drop down days to cover all of the national PHSE topics for each year group. The days have included

a range of speakers visiting the school and activities. The student feedback from the days have been extremely positive and is being utilised to apply to the forthcoming days.

## Duke of Edinburgh Award

A group of 19 Year 10s completed their Bronze Award expedition in May this year. All 3 groups walked for around 6 hours through Epping Forest, camped over-night and then walked for another 3 hours on Sunday morning. They had to demonstrate their map reading and compass skills, camp craft skills (erecting a tent, cooking etc) and above all team work. I think it's fair to say the girls learnt a lot during their practice expedition and are looking forward to their qualifying in July.





from the start and it was very entertaining because of the storyline. In the play they had two children to represent them when they were younger and this was helpful because with children in the play it helps the audience to understand what was happening in their childhood times. Also they used sound affects to show how the atmosphere was like. For example in the beginning they had storm noises to show that there was a storm happening. I really enjoyed this experienced and personally I was entertained by the performance.  
By Marielly

On Wednesday 15th May, I went to see Andrea Levy's 'Small Island' adapted for the stage at the National Theatre Oliver auditorium directed By Rufus Norris. The play was about people in the Caribbean waiting to go and rebuild the 'mother country' and experience it. There where themes of love, hate ,family, racism and trust. There were twists like Hortense not



being able to find Michael and was unable to get a teaching job. The acting was so good. It was so real, for example when Hortense wanted to have a teaching job I had empathy for Hortense because she imagines

that London would be a great place but it was the opposite. The hero was Queenie and the villains were the racist people. There was so much good acting, but my favourite was when Hortense was holding Queenie's baby. I love all of the outfits, it really brought out the year of the play (1948). The stage was fantastic and the lighting and sound were great. Overall, the play was successful and it was so entertaining to watch. I would recommend going to see the play while you still can.  
By Carlotta

The play was written by Andrea Levy's Orange prize winning novel Small Island.

Small Island takes place on a journey through Jamaica to Britain, during the Second World War to 1948 – the year the HMT Empire Windrush docks at Tilbury. The play then follows three closely connected stories. Of



which Hortense yearns for a new life away from rural Jamaica, Gilbert who dreams of becoming a lawyer, and Queenie who longs to escape her Lincolnshire roots. Hope and humanity meet stubborn reality as the play traces the tangled history of Jamaica and the UK. I had enjoyed the overall play of how the story unravelled and took place although this was a play that had a few parts that were somewhat racial. From the play I learnt that those living at that time who were of colour had to deal with racial and verbal discrimination. The play closely links to what we were learning at the time of how they had to be treated and what conditions they lived in.  
By Marain

On Wednesday 15th May, my English class and I went to see a play called Small Island. This was based on the Windrush and explored how black



people were being treated. In the beginning I was very excited to see the stage. The auditorium was massive. I sat on the top row so I had one of the best views. While watching the performance I liked how the stage was laid out and how they used their props like the walls to show that they were inside. This was useful to show the audience what is happening and where.

During the performance the set changed to show us that they were in a different area. I enjoyed watching the performance because throughout the play everyone had the same energy

On 15th May, my English class, taught by Ms. Wharton, went on a trip to Central London to visit the National Theatre to watch 'Small Island'. Small Island is about a girl called Hortense and her life through WW2 and her life once she moved to England. The play was split into two stories. The first part about Hortense and her life in Jamaica. The second part was about the challenges she faces in England.

I think this play was very telling about the different struggles people face. There was one part where a character called Gilbert was in a cinema and because of his colour a shooting ended up happening. The play covers deep and un-talked about subjects including racism.

I would highly recommend this play, although it is not a musical it is very captivating show. I would watch it again if I could.  
By Motunrayo Elizabeth





On Friday 1st February 2019, the students of the Robotics Club, which holds weekly meetups every Tuesday, were fortunate enough to attend Tomorrow's

Engineers EEP Robotics Challenge at Heron Tower, Liverpool Street. The day began with the usual amenities, followed by the first challenge: the speed challenge. This particular event involved programming the robot to travel in a straight line, with the team whose robot had the fastest mean time from two attempts winning. Our robot travelled in circles instead of in a straight line at first, a fact which we quickly rectified in our second try, beating our previous attempt by over 30 seconds. Such cases of perseverance and good sportsmanship were commonplace throughout the course of the day, with opposing teams and the members themselves being incredibly supportive of one another, making the event a pleasant affair despite everybody's desire to win.

I was also fortunate enough to be present at the time that members of our group presented in another challenge. They had previously worked outside of school hours in order to produce



a presentation about the Advances in Technology, as well as their applications and shortcomings, ending the demonstration with a lovely song created by one of the three members. Their hard work certainly paid off and earned the St. Angela's Robotics team a trophy in that event. Overall, it was a privilege to be a part of such a day, where we got to see the robots and met Software Engineers. The views from Heron Tower, as well as the badges we got to take, were definitely an added bonus!

*By Michelle 9 Merrick*



I enjoyed the Computer Science Trip to the Tomorrow's Engineers Final which took place on 1st February 2019 at Heron Tower. As part of the robotics club we had been preparing for this day to showcase the robots we had been creating in school. It took hard work and dedication to build our robot and program the robot, and we were successful in doing so. Our club consists of Year 9 and 10 students which made our team stronger as there were a variety of inputs in creating them. The trip itself was a great experience where we won a trophy. We were inspired by the different software engineer speakers and ended up having a good day. The building we were hosted in Liverpool Street was very beautiful and they were very welcoming.

*By Nicole 9 Merrick*

## YOUNG GYMNASTICS OFFICIALS

Fifteen St Angela's students were recently given the opportunity to take part in a Gymnastics Young Officiators Course. The course involved training to become a youth judge, learning what to look for when assessing a variety of gymnastics sequences on different apparatus. The students then had the opportunity to put their skills to the test when they officiated at the Newham Primary Schools Gymnastics Competition. The students were praised for their judging role throughout the day and they were also excellent role models. Well done to: Lucy, Adriya, Genoveva, Sienna, Shedie, Deborah, Rayna, Julia, Jazmine, Olivia, Alex, Stephanie, Vesna, Cian, Tessa.



# HARRY POTTER AND THE CURSED CHILD PARTS ONE AND TWO

St Angela's were invited to a special performance of Harry Potter and The Cursed Child parts One and Two at the Palace Theatre, which introduced the new cast members for this multi-award winning production. In order to attend, a competition was held in school and Potter Fans had to answer the following three questions:

1. Who is your favourite character and why?
2. What is your favourite scene or moment from one of the books?
3. If you could be a magical creature from Harry Potter, what would you be and why?

Applications were presented in a variety of ways, from pictures, creative art work, on Harry Potter paper, essays. (see attached photos).

Pupils commented:

Yr 7 student:

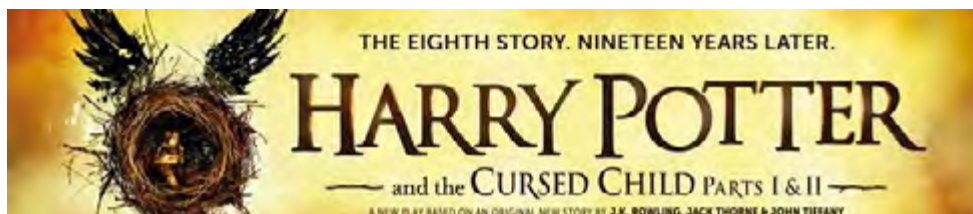
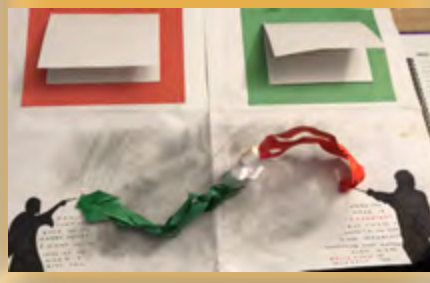
*"I was amazed with what I saw , I was blown away.*

*It was greater than the movies in my opinion of how saving the new generations grow up. I loved everything thank you".*

Year 8 student:

*"Watching Harry Potter and the Cursed Child Pt 1 & 2 was absolutely amazing!!*

*The special effects and characters (Specially Scorpius) were unforgettable!!*



## A Review

By: Christina

On 21st of May, I was one of the few to have gotten the opportunity to see the two-part play 'Harry Potter and the Cursed Child' at the Palace Theatre, courtesy of my form tutor Ms Jarvis and Mousetrap Theater Projects.

The journey was filled with great anticipation and excitement grew even greater as we approached the place all the magic was at. Although I had passed the Palace Theatre, much to my dismay, many a time before, knowing I'd finally be taking a seat and watching a play I had been dying to see for a long time felt all too surreal by the time I was lined up with a ticket in my hand.

Considering I had already read the book version of the script prior to the viewing, I thought I'd have a good idea of what was to be expected once it commenced. Oh how I was proved wrong! I experienced sheer amazement as soon as the soundtrack began and we meet the characters, watching them go about an eventful journey as a collective.

I was thoroughly impressed by the audience inclusion and detail that was proved on stage - sparks that flew from wands when spells were cast, Delphini's inscribed words projected on the balcony walls, the way a single dementor flew extremely close to the balcony railing, the wheeled staircases, the wallpaper that had multiple H's on it and many many more ; Not forgetting to mention Umbridge telling the audience to switch off our 'muggle devices' before a part began! Everything was so obviously meticulously planned out and it was honourable to be able to see it all play out so beautifully.

Now, the actors.

I was stunned by how fitting the actors were for their roles each time when they delivered their lines and kept their characters' quirks in mind. It was fun picking up on their choices of tones and movement based on their representation of a Harry Potter character - taking Thomas Aldridge, for example, who expressed Ron's humorous antics well provided at the perfect moment, all the while adding his own feeling to the role. To say the least, their ability to evoke laughter,

sadness and excitement was admirable and appreciated!

I absolutely loved the stars of the show, Albus Severus Potter and Scorpius Malfoy - who were played by Dominic Short and Jonathan Case - who had an evident connection from the first time they met and managed to always stick by each other's side, the ups and downs of their friendship allowing the pair to realise they need each other to be the best version of themselves. This relationship truly made out to be very heartwarming the more you watch on.

However, the character who amazed me throughout the entirety of the play was Scorpius. I vividly remember marvelling at how similar Jonathan Case's depiction of Scorpius was to how I pictured him in my head when reading the screenplay not only visually, but in his mannerisms. He was tall, kept his back slightly hunched and was a little bent at the knees; He made nervous chuckles after a sentence and had a rise in pitch at the end of one too, hands either clasped together or waving in a variety of gestures. All these things shaped my perfectly imagined Scorpius Malfoy and I'm glad to have seen this first hand looking back on it. For me, I found it incredibly endearing watching the actors perform as it was evident just how much effort, preparation and long hours it must have taken to deliver a performance - as well as the swift placing and removal of props by designated people on stage - to the standard I saw and seeing that hard work pull through without fail from the opening scene to the very last bow.

Overall, I think it is safe to say my day was definitely made and I am still shocked that I was able to go see Cursed Child for myself. As a Harry Potter fan, I really and truly couldn't be happier with the magical day and I am definitely considering seeing it again in due time!





## STEP LIVE FESTIVAL

St. Angela's Dance company performed at Step Around Town dance event at Mulberry School's theatre in May. The dancers have been working hard all year to create a dance inspired by female empowerment. The performance also acted as an audition for Step Live Festival which took place at the South Bank Centre in June. At Step Live Festival they participated in an Authentic Jazz workshop, looking at the development of Jazz through to Hip Hop. The day culminated in the dancers performing at the Clore Ballroom at The Royal Festival Hall. Congratulations to Rayna, Deborah, Tessa, Roxanne, Vesna, Shedie, Jannet, Jayla, Shallet, Vitalija, Temi and Luiza.

## ENGLAND VS. WEST INDIES



Members of St. Angela's cricket team went to watch women's cricket at the Essex County Ground. The West Indies women's cricket team were touring England to play the England women's cricket team. The tour consisted of three Women's One Day Internationals which the England women won the WODI series 3-0. Adanna said, "The cricket match was amazing as some really good players made some really good saves. It was fun getting an autograph from Tammy Beaumont. Everyone was happy and it was very exciting seeing the reactions from the crowd. A fun day was had by all and overall England WON!" Reese commented, "Seeing the West Indies v England cricket match was an amazing experience. The atmosphere was filled with laughter, joy and competitiveness. I really enjoyed and am thankful for the opportunity and experience."



A group of 73 excited students and teachers headed off to SW19 to spend a day at the world's greatest slam. A day at the championships included taking photos, autograph hunting, playing in the tennis zone, buying souvenirs and of course watching world class tennis from the various courts. 'Manic Monday' involved all the players who had progressed through to the second week. Everyone was enthralled by the tennis and the atmosphere on the court and around the ground was amazing!





# BREAKING BARRIERS MUSEUM OF LONDON DOCKLANDS

Communications; Molly Tucker, Asset Management; Sarah Robinson Commercial Overview; Glenda Frost Head of Risk and Commercial Development. We discussed issues with the river and the environment and how it could be improved by the help of young people. We all need to be more conscious of the effects of littering as this is a huge concern for the wildlife who inhabit the River Thames.

In the afternoon we had a tour of the Museum of London Docklands by David Matthews and we learnt a lot about the history of London and how trade was transported via the river and stored in huge warehouses. It was really exciting and a great experience to see artefacts from hundreds of years ago.



We spent a day at the Museum of Docklands with the Port of London Authority as our hosts. We had a series of talks in the morning from senior staff at PLA; Nick Tennant Head of



Communications; Molly Tucker, Asset Management; Sarah Robinson Commercial Overview; Glenda Frost Head of Risk and Commercial Development. We discussed issues with the river and the environment and how it could be improved by the help of young people. We all need to be more conscious of the effects of littering as this is a huge concern for the wildlife who inhabit the River Thames.

We then had lunch, the food was delicious and we were able to have a second helping. Tea and coffee was also available and during this time we spoke with our hosts and each other about what we had learnt so far.

After lunch we spent time going around the museum doing a quiz. It was really hard to find the answers to the questions but we enjoyed the challenge. Prizes were awarded for first and runners up places in the quiz and we all received a cute pencil and rubber. Raj from PLA had organised our fantastic day and it was great to be involved with so many women who have inspired us to look at a range of careers for our futures.

*By Aniara*

# UK NATIONAL SCHOOLS DANCE CHAMPIONSHIPS Silver Medalists

Jayla, Jannet, Shallet and myself went to compete in the UK National School's Dance Championships after being rewarded with a place in the finals after receiving a bronze medal at the London Youth Games in March. On 28th June, we met at Stratford Station at 5.45am to travel for 3 hours to Stoke-on-Trent. The

venue was crowded with spectators and dancers and the atmosphere was exciting. We performed in



the Junior (all dance styles) category for students in years 7 to 9. We performed a contemporary piece called Trace, in which we explored different relationships. Within these relationships there are pathways

which sometimes have common ground but most importantly each dancer still maintains their own individuality. We also participated in multiply dance workshops in the afternoon, where we expanded our knowledge of different hip hop dance styles. All the dance groups for the different categories were gathered together on the stage and along with Ms Jarvis we were congratulated and placed 2nd. This opportunity was very rare and we are very grateful for it.

*By Vitalija*



## A DAY WITH RAMBERT DANCE COMPANY

On 16th May, a selected group of dancers ranging from Years 7 to 9 had the opportunity to spend the day at Sadler's Wells with Rambert Dance Company. In the morning we learnt a section of repertoire from a piece called Rouge choreographed by Marion Motin. The event took place at Sadler's Wells where we had the opportunity to warm up and learn the repertoire on the main stage! We were taught by dance aminer Katie, from Rambert Dance Company who gave us a range of motifs that related to the piece, Rouge. We were then able to explore and develop them in different groups. From there we had the opportunity to learn a selected piece of choreography

from the piece, Rouge, that were later going to watch. I believe that the piece was very abstract yet eccentric because it was a bit different to what we would expect contemporary to conform to.

Before watching the performance, we had the opportunity to meet and greet the Artistic Director of Rambert Dance Company Benois Swan Pouffer. We were able to ask him different questions from the concept of Rouge to how he started dancing and what experiences he had when performing with Alvin Ailey Dance Company.

Later in the afternoon, we watched a triple bill performed by Rambert Dance Company including Rouge and it was exciting to see that the repertoire that we had learnt earlier. This experience also helped me to understand the concept better.

*By Rayna-Kirsten*



## DANCERS PERFORM AT THE OLYMPIC PARK

Congratulations to the three dance groups who were selected to perform at the Sadler's Wells Music and Dance Stage at the Great Get Together at the Queen Elizabeth Olympic Park. Brady Bunch, RS Duo and Primel all performed to an appreciative audience at the festival. Congratulations to Rayna, Khazelyn, Marielly, Shedie, Roxanne, Melanie and Priya!



## Fr Dennis Football Tournament

Every year St Edwards Primary School hold a Football tournament with other local Catholic Primary schools in Memory of Fr Dennis. St Angela's girls have always



attended the tournament to referee the girls Football matches. The girls did a fantastic job and showed great leadership and confidence referring all the games. The organisers were very thankful and were impressed with all your hard work! Well done.



## NEWHAM BOROUGH ATHLETICS CHAMPS

Despite the torrential rain and the changes to the events, all the Athletes from Year 7 - 10 did a fantastic job representing St Angela's. Several fantastic performances meant that many of the athletes were chosen to represent Newham at the Essex Schools Athletics Championships on June 8th. We wish them all the best of luck as they face other districts in Essex.

## Inclusive Tennis Competition

Congratulations to Karita (7 Fawcett), Chanelle (7 Truth), Khadija (7 Fawcett) and Lawrencia (8 Johnson) who teamed up with Cumberland School in the London Youth ParaGames Regional Tennis Competition at the Lee Valley Hockey and Tennis Centre in the Queen Elizabeth Olympic Park. On the day the team versed a number of other schools including Brampton, Lister, Elm Court and The Petchey Academy. After a quick practice the team were ready to go, for the competition the girls were split into two separate groups. In order to progress to the next round both groups needed to finish in the top 4 of the overall competition. Group one's first game saw St Angela's up against Lister where the girls fought hard to draw 2-2 while group two won 3-2 against Elm Court. In the second round, group one had a tough game against Brampton while group 2 took on huge success by winning 4-0 against The Petchey Academy. After all games had been played the team waited eagerly to find out the results and were over the moon to find out that they had made it through to the semi finals! Here they were fighting for a position to represent Newham in the finals and after another 2 games they had placed fourth overall meaning that they were through to represent Newham in the finals! Congratulations girls!



## Inclusive Football

On Thursday 6th June, Angelica.B (7 Fawcett), Karita (7 Fawcett), Jenae (7 Kenney), Victoria (8 Roberts), Vanessa (9 Lin), Manuela (9 Jiricna) and team captain Winni (10 Duffy) represented Newham in the London Youth ParaGames Football Competition. On the day the girls took on a number of London boroughs including Camden, Enfield, Kingston and Havering. Throughout the competition the girls demonstrated fantastic teamwork playing to each of their strengths; Winni and Karita alternated between the role of striker and midfield scoring a total of 5 goals! While Vanessa and Victoria demonstrated some brilliant defending drills by executing some fantastic tackles. Overall, the girls worked incredibly hard throughout the competition but unfortunately missed out on the semi final by just 1 point! Well done girls!

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c/o St Angela's Ursuline School T:020 8472 6022

## Lee Valley Schools Athletics Cup

The Year 7 and the combined Year 8/9 Athletics team competed in the Outdoor Lee Valley cup in early June. It was great to see so many performances on the day, especially Selasia who competed in her first 100m race for St Angela's and came 3rd overall beating another 56 competitors! Another outstanding performance was Chinazo's Long Jump, beating her own personal best distance twice!! These fantastic jumps meant Chinazo also came in third place. Finally, Alicja who equalled her personal best of 1m40 in High Jump. Well done to all the competitors and we hope you keep up the excellent work in the years to come.

The Year 10 Team also put in some fantastic performances for the very last Lee Valley Cup. They came a very respectable 6th out of 20 teams overall.



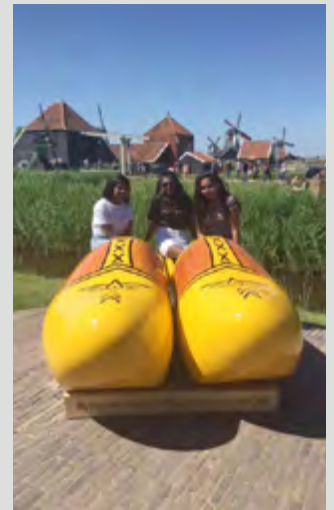
## ST ANGELA'S CHOIR TOUR AMSTERDAM 2019

Thirty-nine students from the Main School Choir performed three concerts on tour in Holland at the end of June. They began in the heart of old Amsterdam in the English Reformed Church, where many in the audience remarked that the choir was the best they had seen in 2019 - a real compliment in a church that hosts 52 concerts a year! They were clearly impressed by performances of pieces including For the Beauty of the Earth, Pie Jesu and Adiemus.

The choir then performed right by the beach in the coastal town of Noordwijk. On the hottest day of the year across Europe, they drew a large, very enthusiastic crowd who appreciated our passionate soloists and songs from musical theatre including Defying Gravity (Wicked), Somewhere (West Side Story) and He Lives in You (The Lion King Musical). Their final concert was at the Church of St Nicholas in Edam, where a knowledgeable audience loved the choir's varied selection of pieces in many languages, including Salve Regina (Latin), Voi Che Sapete (Italian) and Baba Yetu (Swahili). One audience member said "they give me hope for our future."

As always, the tour was a chance to learn about more than just music, and the students were fascinated to see many of Amsterdam's cultural highlights. Many were moved by a trip inside Anne Frank's House, and our artists were thrilled to be able to see the masterpieces

in the Van Gogh Museum. A real standout for many was a tour of the city on a canal boat, before heading to Zaanse Schans for a taste of life in a traditional Dutch town (and a taste of the cheese that's made there!) It was a fabulous tour, and the choir's hard work over the last two years paid off in style.





# SUMMER CONCERT 2019

2ND JULY

The Summer Music Concert took place on Tuesday 2nd July. The concert opened with a powerful performance of "Baba Yetu" (Our Father in Swahili) by the Main School Choir, many of whom had arrived from the Amsterdam Choir tour less than 24 hours earlier yet they showed no signs of fatigue. This was followed by our fantastic trumpeters and Anastasia (Year 8) who showcased her music writing and piano skills with a performance of her self-composed piece "Mortem Choris".

The Primary Orchestra and Choir thrilled the audience with an exciting performance of Pirates of the Caribbean, then the heartfelt "Go the Distance" and finishing with "The Champion" to huge applause!

Lucy (Year 10) performed Telemann's Concerto in G with energy, accuracy and elegance whilst our award-

winning band 'UNTITL3D' performed "Come Together" and "Heartbreaker" written by their lead singer/bassist Daniela. The Youth Choir gave an impressive rendition of "Ain't No Mountain" and the Orchestra pulled off the playful yet challenging "Super Mario Bros. Theme" which brought back fond memories to much of the audience.

The Gospel Choir sang a trio of songs ending with "Rain Down", showcasing the quality of soloists we have at St Angela's with no less than six different soloists whilst the Chamber choir displayed their close harmony control with "Because".

A massive thanks to the commitment of our musicians and all staff involved.

## Further Examples of Work Experience, Internship and Bursary Success for St Angela's students this Summer!

**Royal Bank of Canada RBC Academy** - Bursary Internship

**Porcia (13 Ockleford)**

Porcia won this prestigious RBC Academy internship which will include a £2000 per year bursary for all 3 years whilst she studies at University and 21 weeks of paid work experience as an intern with Royal Bank of Canada during her University vacations. This resulted from our exclusive partnership with the RBC Academy

**Beazley Insurance** - Data Analyst role - 2 months Paid Summer Internship

**Lawrence (13 Suc Diamond)**

Lawrence successfully applied for this competitive paid Summer internship with Beazley - specialist global (Lloyd's market) insurance underwriters. This was via our work with The Brokerage City Link who place young people from partner schools with major city firms.

**MS Amlin Insurance** - Claims / Marketing - 5 weeks Paid Summer Internship

**Elaiza (13 Jenkins)**

After a competitive process Elaiza was selected for this 5 week Paid Summer Internship to also include Five months mentoring during her 1st year at University. MS Amlin are a leading Lloyds insurance firm based in the iconic "Cheesegrater" Building. This opportunity arose after we took Year 13s on a visit last term.

**FactSet** (world leading Financial Technology company) – work experience secured for this Summer

**Anna (12 Oyebanjo) and Zharys (12 Oyebanjo)**

After completing the TechStart project earlier this year via **The Brokerage City Link** - Two of our STEM year 12s awarded 1 week of work experience with FactSet to work with software developers and IT consultants

**RBS Legal First step Programme** – 1 weeks Work Experience

**Tahsnim (12 Larkin)**

Tahsnim has been selected for 1 week of work experience with the legal department of Royal Bank of Scotland working with corporate lawyers. Again via our partnership with The Brokerage City Link

**Freshfields, Braukhaus Deringer** – 1 week Law work experience

**Stella (12 Clift)**

Stella selected for this prestigious work experience placement with international corporate law firm

Freshfields Braukhaus Deringer. This was through our link with SEO London who work with state schools to help young people access opportunities with leading employers and Universities.

**Barclays Retail Banking** – 1 week work experience, Upton Park Branch

**Bryan (12 Hooker)**

Bryan to complete this placement at Barclays Upton Park via our link to the Barclays Life skills Project

**In2Science** – 2 week Science Research work experience Placements

**Zakaria (12 Clift), Christian (12 Clift), Paula (12 Oyebanjo), Yahya (12 Hector) and Sophie (12 Clift)**

The 5 Year 12s above will complete a 2 week - In2 Science work experience - shadowing research scientists with research institutes at Kings, UCL and Guys and St Thomas's NHS Trust.

Summer Job at **Royal Household Buckingham Palace**  
**Eanna (12 Clift)**

Eanna successfully applied for well- paid work with Buckingham Palace Royal Household and will work as Sales and Tourist Information Guide to tourists and visitors. A result of our link up with Workplace Newham.

**Newham Libraries Summer Challenge**- Reading Hack Volunteer programme

**Volunteer programme**

**Nicole (10 Tempest), Amore (10 Duffy) and El Hephzibah (10 Rosetti)**

Just 2 of our many Year 10 and 11s who got these Summer work experience placements in Newham libraries

**Miller Insurance** - 2 days Summer work experience

**Joan (12 Vassiliou)**

2 days work shadowing an underwriter with leading Lloyds insurer Miller at the Lloyds building

*Mr Jarvis – School Careers Adviser*



## I Can You Can Too

### Year 12s Careers Coaching and Mentoring Programme 2018/19

The **icanyoucantoo** careers mentoring programme is fast making a name for itself in the City equipping young people from Schools in East London with the confidence and skills to access career opportunities with major employers.

A former pupil of our sixth form Mr Nilesh Dosa, a consultant at Big-4 Financial Services firm EY, runs this for students from St Angela's, St Bonaventure's, Barking Abbey and Havering 6th Form College. Six of our Year 12s took part from Oct 2018 to May 2019:

Sasha (12 Oyebanjo), Muhammad (12 Oyebanjo), Bella (12 Oyebanjo), Liliana (12 Oyebanjo) Talhah (12 Larkin) and Delina (12 Hector)

This rare opportunity included seven after school events at EY, Barclays and Redington's prestigious offices in the City where our students learnt about how employers recruit, networking and employability skills.

#### Highlights included:

A talk from Rob Mattai Senior EY Manager about financial services

A presentation from Nilesh about how to sell your strengths and your own personal brand.

Johnny Nelson - ex world boxing champ and Sky Sports pundit – travelling down

from Sheffield to inspire with his talk about resilience and learning from others!

Our Year 12s also took part in the following activities which were assessed by EY, Barclays and Redington executives and recruiters– they also received personalised written feedback.

#### Practice telephone interviews

Our students giving power point presentations on a topic of their choice at Redington.

Taking part in group discussion selection exercises with students from other schools

CV speed dating event and mock interviews at EY

We had great feedback from our Yr 12s who have been excellent ambassadors for our school:

"I am sure I speak for all of us when I say that this was an amazing experience and we are so grateful to have been able to be part of it"

"The talks are inspiring and beneficial"

"Thank you so much for this amazing opportunity. I have learned so much this past year and this insightful experience has not only shaped my future but also developed who I am as a person"

"I've really enjoyed the sessions and have found it to be very useful for my studies and future skills"

"The '**I can you can too**' program is really helpful, as it is teaching me transferable skills like how to write and deliver a presentation, do's and don'ts of interviews which I would need for work, university and more. It also gave me a safe environment to put these skills into practice which is really helpful as it will boost my confidence and gives us constructive feedback on how to improve".



## REALISING OPPORTUNITIES RUSSELL GROUP UNIVERSITIES PROJECT

### 2019 –Year 12 and 13 Successful outcomes!

Realising Opportunities includes taster lectures, events and mentoring for sixth formers provided by fourteen of the Russell Group Universities with selected Schools.

The Universities are: Birmingham, Exeter, Goldsmiths, Kings, Leeds, Leicester, Liverpool, Manchester, Newcastle, Sheffield, Sussex, UCL, Warwick and York

Each student is linked to an undergrad mentor studying a subject they aspire to. They also complete an academic assignment. Those completing get RO (Realising Opportunities) UCAS degree offers at Russell Group Universities - 2 A level grades lower than standard offer!

We have now been working in partnership with "Realising opportunities" for 6 years via our host university King's College.

Eleven Year 12s (Isabella, Liezel, Paula, Gwendolyn, Destiny, Safa, Tomiwa, Zakaria, Gurmel, Nabilah and Rayshad) a very

high number from one school were successful getting onto the project this academic year! They attended a launch at Kings in January and the National RO Student Conference at Queen Mary University in February. All are progressing with their mentoring towards an academic assignment.

We also have 4 Year 13s (Kyara, Tharshikka, Serena and Valentina) continuing on this competitive project and all have accepted fantastic RO reduced UCAS offers at Russell group universities as follows:

Biomedical Science with placement year – Warwick – ABB (instead of AAA)  
Business Management with year in Industry – Birmingham BBB (instead of AAB)  
Sports and Exercise Science – Kings – ABC (instead of AAB)  
Healthcare Science Cardiac Physiology – Leeds - BBC (instead of ABB)

We hope to get some more of our new Year 12s onto this great project next academic year!

## Hospital Work Experience Placements secured for five of our Year 12s at Queens Romford and Whipps Cross!

Through St Angela's successful partnership with Bart's Health NHS Trust, Healthcare Horizons Project a further five of our Year 12s were able to complete 1 week of clinical hospital work experience this April. We have now had seven Year 12s complete Hospital Placements over the academic year, which is a high number from one school!

Our latest five students completed the following placements this April:

**Queens Hospital Romford (Nursing Renal)** - Rebekha (12 Permaul), Trienell (12 Permaul) and Daniela (12 Clift)

**Whipps Cross Hospital (Paediatric Medicine)** - Eanna (12 Clift) and Paula (12 Oyebanjo)

In addition four of our Year 12s have been selected for the 3 day Nursing, Midwifery and Allied Health Professions 3 Day Summer School at the end of July and three of our Year 12s for the Medicine and Dentistry 3 Day Summer School at the end of August - Both of these Summer schools take place at **The Royal London Hospital**.

Mr Jarvis (Careers)



## Year 10s and 12s inspired by Law talk from – 12 Kings Bench Walk Chambers Barrister – resulting in work shadowing at Chambers for 5 of our lucky Year 12s!

Fifteen Year 10s and twenty three Year 12s were inspired by a fantastic careers talk from Max Archer, a barrister from 12 Kings Bench Walk Chambers. Max has worked with our school now for the last 4 years giving valuable insights into law to St Angela's students and providing transformational work shadowing opportunities at Chambers for selected Year 12s. Our Year 10 student Nicole describes this year's talk best – see below.



**Widening Horizons** – A visit by a practicing barrister  
On 14th June 2019 a selection of year 10 and year 12 History students were lucky to have Max Archer, a practising trial barrister, come into school to give a talk on a career as a barrister. Max spoke about his Cambridge University degree in History and how he was able to train to become a barrister. Furthermore, Max spoke about the areas of law he practices, such as medical or military negligence, personal injury and human rights law. We learnt that Max is a young barrister who works on high profile cases involving massive corporations or have an international focus. Max highlighted the importance of

hard work and dedication at school in order to succeed in a highly competitive profession like law. Max's stories about his experiences were inspirational to all who were listening. After talking about his legal experiences, students were able to participate in a mock trial. In this mock trial we were debating a case based on the Titanic. Two sixth-formers debated that the sinking of the Titanic was due to mistakes made by the company who built the ship. Two other sixth-formers acted as members of shipbuilding company and they had to defend the company. In this mock trial we as students were able to understand the structure of a trial and the traditions of the court. In addition, we saw what barristers actually do everyday in court – which made the experience really exciting and demonstrated the reality of a legal career. The best thing about Max's talk was that he advised us about what being a barrister is really like and how to best make our dreams of a legal career become a reality.

Nicole – (10 Tempest)

Here are just a few of the quotes from other Year 10s and 12s who enjoyed the talk

“Very eye opening, gave me a broader perspective of what being a barrister entails, allowed to get a further grasp on careers I'd like to explore in the future” – Davina (10 Brooks)

“The barrister talk delivered by Max was captivating to listen to. His exceptional work is inspiring, and has also enabled me with sufficient knowledge on future career prospects as a barrister or a career in law. It was an absolute privilege to attend his talk” – Humayra (12 Hooker)

“Very insightful into the work of a barrister. It allowed us to see the ins and outs of a career in law and boosted my interest” – Denzel (12 Mehta)

As a result of Max Archer and 12 Kings Bench Walk working with our school again this year, 4 of our Year 12s have now been given the opportunity to shadow Max and other barristers for 1 day each, over the Summer, at his chambers. The lucky students are: Humayra (12 Hooker), Denzel (12 Mehta), Stephanie (12 Mehta), Jullita (12 Clift) and Tahsnim (12 Larkin).

Mr Jarvis (Careers) and Mr Mehta (History).



## Former Students Reach Success at RBC and Deutsche Bank!

In June two of our former students who left the 6th form in 2015 – returned to School to talk to our 2 top set Maths Year 10 classes, with a Careers Talk about how studying A level Maths and being St Angela's 6th Formers helped them kick start their career.

**Monica Kauzeni** – left our 6th Form in 2015 with A Level Maths A\* and Further Maths A. She spoke about being part of our RBC Royal Bank of Canada workshops in 6th Form, which in turn led her to successfully apply for an RBC Academy Bursary Internship which ran alongside her University years.

We still run this exclusive programme with RBC for our current 6th formers and Monica encouraged our Year 10s to make the most of this programme when they join 6th Form. After Monica graduated from Nottingham University with a degree in Maths – she went on to secure a job with RBC Royal Bank of Canada where she now works as a Rates, FX and Commodities Sales Analyst.

**Siobhan Lynch** – also left St Angela's 6th form in 2015 with A Level History A\* and Maths A. Whilst in 6th Form she took part in our World Challenge Fund Raising and Residential – which Ms Chavda is still running with our current 6th Formers. She described this experience as being very empowering and confidence building – something which also helped her stand out from the crowd when applying for jobs.

After Siobhan graduated from University of Warwick in History – she went on to get a job with Deutsche Bank where she now works as an Equity Research Analyst.

Both Monica and Siobhan spoke about the importance of



our students making the most of the 6th Form enrichment opportunities on offer at St Angela's and how taking on extra responsibilities and projects at School helped them give great examples at job interviews of where they had used skills like

communication, organising, team work and leadership.

They also spoke about the importance of choosing A level and degree subjects which follow your own strengths and interests.

At the end of the talk they were able to catch up with Ms Soman who taught them A level Maths and Ms Chavda.

There were great tips and advice for our Year 10s who really enjoyed the talk:

"It was very interesting and I found out new information about possible career options that I hadn't even thought about" - *El-Hephzibah (10 Rossetti)*.



## Debate Mate Competitions

On 25th April, our Yr 10 debate team of 6 went to the University of East London to compete in the regionals rounds of the Debate Mate Cup. We began by debating a long prep motion (which is a motion that we'd prepared for prior) and then debated three short prep motions where we're given 15 minutes to prepare our speeches. We won them all, and thus, we advanced to the finals where we debated against another high scoring team in front of an audience. We won that too and hence became London Debate Mate champions! Due to our success we will be competing in the National competition for the Debate Mate Cup and aim to win as we have done many times in the past.

In addition to this, we have been debating all year in a national league. As we were in the top 16 in the country on 21st May we competed in the Shearman and Sterling law office in Liverpool Street. At this competition we debated twice, advanced to the semi finals which we won and therefore qualified for the finals! Before the last debate of the day we got to eat Nando's and hang out together as a team which we all really enjoyed. Unfortunately we lost the last debate however we still got our silver medal for finishing second in the country! All in all Debate competitions have been extremely exciting as we get the opportunity to beat other teams and also

rewarding as the locations in which we Debate are often new to us. Even though we go to competitions to win and we don't like to lose, we've never truly lost, as the transferable skills we learn in Debate club like confidence, teamwork and building an argument mean we're all winners.

*Sefora*



At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



# What parents need to know about SCREEN ADDICTION



## HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

## LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

## LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



## CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

## APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



## Top Tips for Parents



### LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

### LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their outdoor activities to show your support.

### MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

## STATISTICS

**52%** of children aged 3-4 go online for nearly 9hrs a week.

**82%** of children aged 5-7 go online for nearly 9.5hrs a week.

**93%** of children aged 8-11 go online for nearly 13.5hrs a week.

**99%** of children aged 12-15 go online for nearly 20.5hrs a week.

SOURCES: [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com), Children and parents: Media use and attitudes. Report 2018. <http://www.ofcom.gov.uk/consult/condocs/childrenandparents/childrenandparents-consult-18042018/childrenandparents-consult-18042018.pdf>, University of Leeds. <http://www.leeds.ac.uk/leeds-research/leeds-research-reports/leeds-research-reports-2018/leeds-research-reports-2018-04-2018.pdf>, University of Leeds. <http://www.leeds.ac.uk/leeds-research/leeds-research-reports/leeds-research-reports-2018/leeds-research-reports-2018-04-2018.pdf>, University of Leeds.

# Drastic Plastic!

In Geography, Year 7 and 8 have been looking at ways in which we can reduce our plastic usage for a more sustainable future.

## EMERGENCY CLIMATE

By Amber and Naomi

Climate change. What is a climate emergency? A **Realistic climate emergency** has been declared by the UK Parliament. MPs are calling on the government to make changes that include setting a new target of reaching net zero emissions before 2050.

### Plastic under the sea

Plastic bags are a major contributor to plastic pollution - a kind of pollution which is deteriorating our environment. It is a threat to life on Earth. Plastic bags must be banned in order to reduce pollution. Plastic bags clog land, air as well as water-pollution. This is the reason why these have been banned in various countries. However, these are still being widely used in most parts of the world and are proving to be hazardous for the environment.

*Love the earth then reduce the plastic.*

Plastic affects beautiful marine animals as they can choke to death when they're eating plastic or even get tangled in the plastic.

Love beaches? Well guess what soon there will be no beaches because plastic will take over.

One plastic bottle is amazing for regular use but when you're done with it then it's not that easy to get rid of as it takes 1000 years to decompose.

Plastic is made from dead fish and one day when it runs out we will have to stop using many things like plastic.

Every year 12 million tonnes of plastic ends up in the sea every year!

## Make the world a better place!!

Lyrin 7 lockwood

### LET'S HAVE A PLASTIC FREE WORLD FOR OUR FUTURE GENERATIONS

Plastic is a major contributor to plastic pollution - a kind of pollution which is deteriorating our environment. It is a threat to life on Earth. Plastic bags must be banned in order to reduce pollution. Plastic bags clog land, air as well as water-pollution. This is the reason why these have been banned in various countries. However, these are still being widely used in most parts of the world and are proving to be hazardous for the environment.

in 2014 Britain produced 40 million tonnes of plastic waste. Two-thirds of it was packaging and only 12 million tonnes (24%) of that waste was recycled, according to a report last year by the World Wildlife Fund.

Stop buying bottled water. Instead buy a reusable bottle. Shop in bulk. Reduce the size of your stuff.

Rethink your food storage. Plastic bags, plastic wrap, and plastic storage containers are worth re-evaluating. Instead of sandwich bags why not pack a bento box or a cute tiffin.

Madeleine Tetteh 7 Lockwood

### IF WE CAN FIGHT FIRE WITH FIRE THEN WE CAN FIGHT WATER WITH WATER, RIGHT?

SEVENTY-NINE MILLION TONNES OF PLASTIC - EVERYTHING FROM PLASTIC BOTTLES AND BAGS TO MICROBEADS - END UP IN OUR OCEAN EACH YEAR... TRAVELLING AN OCEAN CURRENTS THIS PLASTIC IS NOW TURNING UP IN EVERY CORNER OF OUR PLANET - FROM GREENLAND TO THE REMOTE PACIFIC ISLANDS.

BY CELINE AND SHALON 7 TRUTH AND FANCETT

### WHAT SHOULD WE DO?

**We need to recycle and reuse our plastic to save the oceans and the creatures living there.**

The Coral Reef is disappearing. This is because we are destroying it. More than 60% of the population of the world are not recycling.

# Save the planet

10 million tons of plastic are dumped into our oceans. Nothing is done now, the problem will spin out of our control.

By: Kate Formis and Tego Asigba 7 Wells

### EMERGENCY CLIMATE!!!!

MPs are calling on the government to make changes that include setting a new target of reaching net zero emissions before 2050.

The current target is to reduce carbon emissions by 40% (compared to 1990 levels) by 2050.

At least 8 million metric tons of plastic ends up in the world's oceans annually according to a 2015 report from the Ocean Conservancy.

**SAY NO TO SINGLE USE**

Every day approximately 1 million pieces of plastic pollution find their way into our oceans. There may now be around 5.25 trillion macro and microplastic pieces floating in the open ocean.

In 1950, the world's population of 2.5 billion produced 1.5 million tons of plastic. In 2010, a global population of more than 7 billion people produced over 120 million tons of plastic. This is set to double by 2030.

Each year, 8 million marine mammals and turtles and 1 million seabirds are killed by marine plastic pollution annually.

With more than 1 billion people, the company Starbucks produces 4 billion cups each year.

## Emergency climate campaign

On the 3rd of July we are having our annual plastic awareness week and we need you to participate and stop using so much of it. The UK produces around 14kg (31lbs) of waste while in Sweden, it's around 18kg (40lbs) this has been quoted in 20th of April 2019. Animals are dying because of us using plastic and not disposing it properly after our use.

How you can help:

- Start using reusable bottles
- Reduce plastic in your household
- And if you want more information go to 7 Ways To Reduce Ocean Plastic Pollution Today - Oceanic Society

Help this annual turn from this into this:

By Katrina Lockwood



## St Angela's Psychologists become the participants!

On June 13th D2 was converted into a Psychology laboratory in preparation for the arrival of four PhD students from Oxford University. These PhD students conducted research on a group of A-level Psychologists from the sixth form. The aim of the research was to investigate young people's attitudes towards predictive medical technology.

Our sixth formers were instructed to complete a hypothetical medical assessment and then answer various questions which gave the researchers an insight into their opinions on the sharing of personal information. An example of a question they were asked was, 'Would you allow your school and doctor to access your conversations on social media?' All of the sixth formers who participated gave informed consent, they were given the right to withdraw and ensured that their identity would be kept anonymous. After they had participated in the research they were fully debriefed and had the opportunity to ask any questions. This gave our sixth formers the opportunity to become a real participant and experience the research process which they had learnt about in their lessons.

Aaron Galleon, a Year 12 Psychologist said: "My experience from being a participant within psychological research was undoubtedly an exciting and eye-opening experience all round. Having learnt previously of the ins and outs of research methods like these, it had validated the knowledge I knew whilst impartially providing an insight into how research could be conducted with me being a participant on the receiving end. Thus, it has given me a new perspective into research and has increased my eagerness to conduct research like this of my own in the future."

We look forward to reading the full journal article once it is published and visiting the researchers in Oxford University next academic year!



6TH FORM

## 6th Form Key Dates

Yr13 results August 15th

Year 13 back to school September 5th

Year 12 Begins September 9th

*Good luck!*

## Trowers and Hamlin Work Experience

Twelve aspiring sixth form students had a fantastic opportunity to have a week long work experience at Trowers and Hamlin law firm. The students had a full programme of events including visits to court proceedings and talks from leading partners and employees of the firm. Students ended the week presenting their own manifestos for becoming the next Prime Minister and the panel of judges were very impressed with their forward thinking ideas, the future of law is in good hands!



## Quote from Headgirl- Melanie



"Being a St Angela's girl has and will always be an honour, and a badge that I wear with pride, as the history, the

beautiful school grounds and the atmosphere the Sixth Form has instantly makes you feel as though you belong. It has taught me how to be more resilient, determined and strive to reach my full potential, in everything I do, and I will forever be grateful for my time spent here."

# Summer Programme



This year's week long Summer Programme saw our Year 12 cohort take on a number of bespoke masterclasses, enrichment talks, subject trips and university visits. It has been an eventful week and students have thoroughly enjoyed themselves, saying that it has been "informative, enriching and a welcome change from our usual class lessons" Gurmel and Nabilah said "we loved getting out and about in London and all over England!"

- List of Events:
- University of Leicester
  - Essex University
  - Nottingham university
  - Oxford University
  - London School of Economics
  - University of the Arts London
  - University of Westminster
  - St Paul's Cathedral
  - Science Museum
  - The Woman in Black
  - Wanstead Fields
  - Tower of London
  - Bridge Walks
  - City Hall
  - Deutsche Bank
  - Mini Cooper



## Celebrating Young People Awards

### MILLION MINUTES

On 3rd July Year 13 student Jehanut received a Celebrating Young People Award at the Curzon Cinema in Soho. These commendations are powered by Million Minutes and are awarded to young people from across the country who work in their spare time to help people in their community, the environment and who embody Catholic Social teachings in their lives.

Jehanut was Selected from hundreds of nominations as one of three young people to receive the Dorothy Day award. This particular award celebrates young people who work in their schools and communities to promote the care of less fortunate and poor in society.



# The Brilliant Club Scholars Programme

This year 48 students from Year 10 and Year 8 successfully completed the Brilliant Club Scholars Programme. The Scholars Programme is designed to emulate the learning that students experience at highly-selective universities. It supports students academic development and equips them with the knowledge, skills and ambition needed to progress to highly-selective universities. Students received weekly university-style tutorials delivered by doctoral and postdoctoral researchers. Every student attended a launch trip followed by a graduation ceremony. The graduation ceremony recognised their successful completion of a final assignment.



Well done to all the students who participated in this programme, we are very proud of their achievement.

## Year 11 Presentation Evening



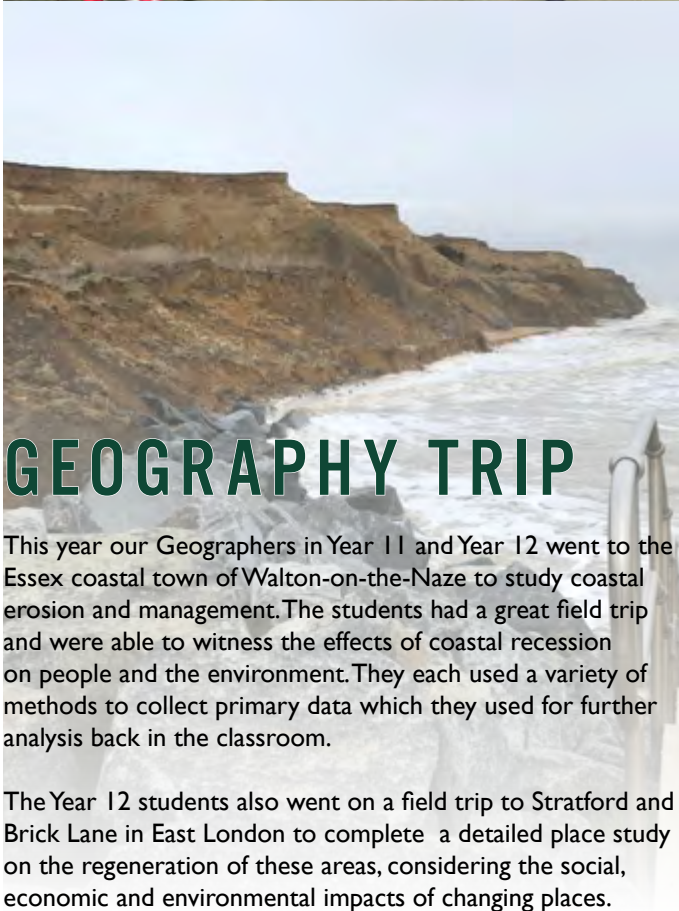
Photographs taken on the night will be available soon, through the students' Google Drive

## Sixth Form Prom 2019



## DESIGN & TECHNOLOGY

Students have enjoyed trips to the V&A and Science Museum this term, to further their studies with their Design & Technology courses.



## GEOGRAPHY TRIP

This year our Geographers in Year 11 and Year 12 went to the Essex coastal town of Walton-on-the-Naze to study coastal erosion and management. The students had a great field trip and were able to witness the effects of coastal recession on people and the environment. They each used a variety of methods to collect primary data which they used for further analysis back in the classroom.

The Year 12 students also went on a field trip to Stratford and Brick Lane in East London to complete a detailed place study on the regeneration of these areas, considering the social, economic and environmental impacts of changing places.

## Good Luck to Carolyn

St Angela's would like to thank Carolyn for all her hard work in our school Refectory and we wish her luck in her new catering role.



## Year 7 applaud Ms Treacy

St Angela's and all of Year 7 would like to wish Ms Treacy a fond farewell.



STARTING AGAIN IN SEPTEMBER!

## Friendship Club

Friendship Club (FSC) takes place every Tuesday in the Ursula Suite 3.25-4.25. Most of the students who attend are from different primary schools so this gives them the chance to meet new people and widen their friendship circle. We play games, take part in workshops and have group discussions and debates.

If you are in Year 7 and would like to join us please see your Head of Year. We look forward to seeing you soon!  
*Kim Evans*

## Year 9 Girls' Group

Every Thursday, 3.25-4.25pm, the Ursula Suite. See Kim Evans for details.



# Ursuline Prayer

Gracious God,

Let us remain in harmony,

United together all of one heart and one will.

Let us be bound to one another by the bond of love,

Respecting each other, helping each other,

And bearing with each other in Jesus Christ.

For if we try to be like this, without any doubt,

The Lord God will be in our midst.

Amen